

## Kino/Sonoran Track and Field Championships

Date: Wednesday, May 5 and Friday, May 7, 2010

Site: Sabino High School

5000 N. Bowes Rd.

Tucson, AZ 85749

Director: Bill Taylor 584/7735/546-0230 [William.TaylorJr@tusd1.org](mailto:William.TaylorJr@tusd1.org)

### General Information

Entries: All entries must be made through **athletic.net** by 6:00 PM Monday, May 3.

No additions or substitutions will be made at the site. Each school is permitted up to 4 entries per event.

Workers: Sabino High School and the AIA will provide most of the required workers for the meet. However, 2 schools will be assigned to run a field event together. The schools should provide at least two responsible adults to work the event. Sabino will provide measuring tapes and tools. The school listed first must provide the lead official for the event.

Long Jump: Cholla/Sahuaro

Triple Jump: Sabino/Pueblo

Shot Put: Cienega/CDO

Discus: Sabino/Nogales

Pole Vault: Catalina Foothills/Flowing Wells

High Jump: Marana/Desert View

Admission: Tickets will be \$5.00 each day.

Parking: Buses will not be allowed to park behind the gym. Please unload students and park in the bus bays in front of the school or in the south parking lot.

- Qualifying:** The top two places in each event will automatically qualify for state. The rest of the state preliminary heats and flights will be filled with athletes with state qualifying marks and/or next-best region results..
- Spikes:** Please use ¼” or smaller spikes on the track. Track shoes will be checked in the bullpen.
- Uniforms:** All athletes must wear school-issued jerseys and shorts that conform to region, state, and national guidelines.
- Jewelry:** Athletes are permitted to wear a wristwatch only. All other jewelry must be removed, or as in the instance of a medical alert bracelet, covered with tape.
- Electronics:** No cell phones, iPods, or any other electronic devices are permitted in the competition areas. Athletes are not permitted to view video during an event.
- Trainer:** Sabino High School will provide a trainer and water for the athletes.
- Warmup:** All warm-ups must be done on the upper athletic fields. Only those athletes who are competing in an event will be allowed on the field. Teams may set up their camps in the south stands or on the upper fields.
- Weigh-in:** All implements will be weighed in beginning at 2:00 PM. Implements that do not weigh in will be confiscated until the end of the event. Pole vaulters will be weighed in and poles checked.
- Check in:** Athletes competing in field events may check in at their events. Track athletes must check in at the bullpen in the center of the football field.
- Open Pit:** Both regions will compete at the same time in the long jump and triple jump.  
  
The pit will be open for 1.5 hours with finals to follow.
- Finals:** Nine athletes will qualify for the finals in the field events where applicable.  
  
Track events in lanes will qualify 9 athletes to finals. The 800 will be run in two heats per region. The 1600 and 3200 will be run in one heat per region.

## Kino/Sonoran Schedule of Events

Wednesday, May 5, 2009

2:00 PM	Implement and vaulter weigh ins	
2:00 PM	Coaches Meeting	
2:30 PM	Girls Pole Vault	Kino/Sonoran
	Girls Shot Put	Kino/Sonoran
	Girls Discus	Sonoran/Kino
	Boys High Jump	Kino/Sonoran
	Boys Long Jump	(Both regions together open pit north)
	Girls Triple Jump	(Both regions together open pit south)

### Track Events

4:00 PM	Girls/Boys 100/110 Hurdle Prelims (Kino first in all track events)
	Girls/Boys 100 Meter Prelims
	<b>Boys 3200 Meter Relay Final</b>
	<b>Girls 1600 Meter Run Final</b>
	<b>Girls 400 Meter Relay Final</b>
	Girls/Boys 400 Meter Prelims
	Girls/Boys 300 Hurdle Prelims
	<b>Girls 800 Meter Final</b>
	Girls/Boys 200 Meter Prelims
	<b>Boys 3200 Meter Final</b>
	<b>Boys 1600 Meter Relay Final</b>

## Kino/Sonoran Schedule of Events

Friday, May 7, 2009

2:00 PM	Implement and vaulter weigh ins
2:00 PM	Coaches Meeting
2:30 PM	Boys Pole Vault      Kino/Sonoran
	Boys Shot Put      Kino/Sonoran
	Boys Discus      Sonoran/Kino
	Girls High Jump      Kino/Sonoran
	Girls Long Jump      (Both regions together open pit north)
	Boys Triple Jump      (Both regions together open pit south)

### Track Events

4:00 PM	Girls/Boys High Hurdle Final (Kino followed by Sonoran)
	Girls/Boys 100 Meter Final
	<b>Girls 3200 Meter Relay Final</b>
	<b>Boys 1600 Meter Run Final</b>
	<b>Boys 400 Meter Relay Final</b>
	Girls/Boys 400 Meter Final
	Girls/Boys 300 Hurdle Final
	<b>Boys 800 Meter Final</b>
	Girls/Boys 200 Meter Final
	<b>Girls 3200 Meter Final</b>
	<b>Girls 1600 Relay Final</b>