

Casa Grande Kiwanis Invitational Track Meet

2730 N. Trekell Road
Casa Grande, Arizona 85222
(520) 836-8500 School

**Welcome and thank you for your interest in our
58th Casa Grande Kiwanis Invitational!**

**If your team is interested in participating at the Kiwanis
Invitational please email : kkieser@cguhs.org**

**Teams who participated last year will have first priority,
therefore the meet will close once we reach our team limit.**

Entries must be completed via **Athletic.net**. Entry deadline is Tuesday, March 30th at 7pm. Contact Andy Sense at (520) 975-3501 or asense@amphi.com with questions about how to complete entries.

All events will be held at the Casa Grande Union High School Track. The track is constructed of all weather material. Athletes with spikes longer than 1/4" will not be allowed to compete. Starting time is 10:00 a.m. for running events and 10:30 a.m. for field events.

The **COACHES** meeting will be held at 9:00 a.m. the day of the meet.

All meet information is contained in this packet. Please do not hesitate to contact me if you feel that something is missing or if you have any questions. Again, thanks for your interest.

Meet date is Thursday April 1st, 2010.

Once again, there will be absolutely no changes in entries the day of the meet.

Price is: \$350 per school (\$175 for boys, \$175 for girls team)

Kurt Kieser
Meet Director
Casa Grande Union High School

58th CG Kiwanis Invitational 2010

I. Meet Director

A. Kurt Kieser/Casa Grande Union High School
2730 N. Trezell Road
Casa Grande, Arizona 85222
(520) 836-8500

II. General Information

- A. Location: Casa Grande Union High School Track
Date: Prelims and Finals – Thursday April 1st, 2010
Entry Fee: \$350. per school (\$175 Boys - \$175. Girls)
Times: 9:00 a.m. Coaches Meeting
10:00 a.m. Running Events (Prelims)
10:30 a.m. Field Events (Prelims and Finals) Implement “pool”
provided
3:00 p.m. Remaining Field Events (Prelims and Finals)
3:00 p.m. Running Events (Finals)

III. Admission Prices

- A. Adults - \$4.00 Students - \$3.00 Passes – A.I.A. ONLY
Athletes in uniform or with coach will be admitted free

IV. Scoring and Awards

A. Scoring will be on a 10-8-6-5-4-3-2-1 basis. A team trophy will be presented to the team scoring the most points in the meet. Ties will be decided in the manner designated in the current addition of the National Federal Track and Field Rule Book.

V. Entries – Both a Girls Team and a Boys Team/School

- A. Complete Entries at www.athletic.net. Each school will be allowed to submit three (3) competitors in each running and field event. There will be a fast and a slow heat for the finals in the non-lane races. Each team will be allowed to enter one (1) relay team in each relay event.
B. Athletes entered without a seed time will be placed in slower heats or outside lanes. Be careful when entering seed times. Unless coaches indicate a time is electronic, Athletic.net will automatically correct the time by adding .14 or .24. To indicate a time is electronic, put an “a” after the time. (Ex. “11.28a”)
C. All entries must be **received by Tuesday, March 30th, 2010 at 7:00pm.**
D. Official eligibility for participation is established according to the A.I.A. rules and regulations, as contained in the A.I.A. Constitution and Bylaws.
E. All participants will enter and compete in events as permitted by the A.I.A.

VI. Track Facilities

- A. 9 lanes curve – 10 lanes straight
B. Concrete shot and discus rings
C. All weather runways in LJ, TJ and PV
D. All weather take off area for HJ
E. Foam pits for HJ and PV

F. NO LOCKER ROOM FACILITIES AVAILABLE

VII. Track Events

- A. Lanes assigned for preliminaries in the 100, 200, 400 and hurdle races.
B. Number of heats will depend on the number of qualifying entries per event.
1. **Qualifying for finals in the running events:** The (9) fastest times in the prelims for the following events will qualify for the finals: 100-200-400 meter dashes,

100/110 hurdles, and the 300 low hurdles.

2. **Note:** If there is a malfunction of the electronic time in any of the qualifying heats, then, all heats (or the event only) will advance to the finals **by hand held times**.

C. Bull Pen area: This will be located at the North end of the football field. All athletes will be required to report to the staging area to the Clerk of the Course, who will check them in. **NO HEAT ADJUSTMENTS will be made at the staging area.**

D. 800-1600-3200 Meter Runs and Relays – Boys and Girls races will be run separately.

1. 800-1600 meter runs – Depending on the number of qualifying entries, (1) heat or (2) heats will be run with the fastest times in the second heat. The fast heat will be limited to 16 runners and the slow heat will have the rest of the entries. The number of runners in each heat can be changed at the Meet Director's discretion.

No more than two heats will be run. Box alley start will be used.

2. 3200 meter run – One heat. Box alley start will be used.

3. Relays

a. (4x800) – Relay to be run in one heat. Box alley start will be used. (2 heats if necessary).

b. (4x100) – Relay to be run in three (3) heats (if necessary). The fastest teams will be placed in the final heat. Teams will be placed in lanes with lane one (1) to be the best entered time and seeded out according to entered time. The 4x400 meter relay will use a three (3) turn stagger.

VIII. Field Events

A. Shot and Discus

1. Participants will be placed in three (3) flights with the best flight competing last. The participants in flight will compete in order with the individual with the best mark competing last.

2. Any competitor who arrives last because of other conflicting events may be placed in one of the later flights.

3. After all preliminary throws are completed there will be no additional qualifying except the **nine (9) finalists**.

4. Only attempts **over** the following distances will be measured:

Men's Shot – 40' Women's Shot – 30'

Men's Disc – 110' Women's Disc – 80'

B. Long Jump and Triple Jump

1. A priority system will be used for the men's and women's long & triple jump

2. After all preliminary jumps are completed there will be no additional qualifying except the **nine (9) finalists**. All preliminary jumps will be measured.

C. Pole Vault and High Jump

1. Men's Pole Vault will start at **10'0** with 6" raises to 13' and then 3" raises.

2. Women's Pole Vault will start at **7'** with 6" raises to 10' and then 3" raises.

3. Men's High Jump to start a **5' 6"** with 2" raises to 6' 2" and then 1" raises.

4. Women's High Jump to start at **4' 4"** and 2" raises to 5' 0", then 1" raises.

Note: The starting heights may be changed at the discretion of the Meet Director.

IX. Appeals

A. All appeals must be processed through the Meet Referee. No appeals will be processed on judgment Calls of Meet Officials. The Meet Referee will be the final authority on rule infractions. The Jury of Appeals will act only on rule interpretations.

B. Jury of Appeals –

X. Awards

A. Medals will be given to the top four finishers in each event. Coaches can pick their medals up after the meet is completed.

B. A team trophy will be presented to the team scoring the most points in the Women's meet

and Men's Meet. There will also be a trophy for the school that has the most points combined. Also, there will be a trophy awarded for outstanding male and female athlete vote.

XI. Other Meet Officials

A. **Meet Director** – Kurt Kieser

B. **Host A.D.** – Edna Morris

C. **Starter** –

D. **Finish line judge** –Marlin Porter

E. **Clerk** –

F. **Field Judge** –

CG Kiwanis Invitational Track Meet

Preliminaries

Thursday, April 1st, 2010 – Casa Grande Union High School

Running Events will follow **a rolling schedule**.

Events will begin soon after the previous event ends.

Time Event

10:00 am

Girls 100 M High Hurdles

Boys 110 M High Hurdles

Girls 100 M Dash

Boys 100 M Dash

Girls 4x800 Relay Finals (2 heats if necessary)

Boys 4x800 Relay Finals (2 heats if necessary)

Girls 400 M Dash

Boys 400 M Dash

Girls 300 M Low Hurdles

Boys 300 M Int Hurdles

Girls 200 M Dash

Boys 200 M Dash

Girls 3200 M Run (1st Section)

Boys 3200 M Run (1st Section)

CG Kiwanis Invitational Track Meet

Prelims and Finals

Thursday, April 1st, 2010 – Casa Grande Union High School

Field Events

Time 10:30

1st session

Women's Long Jump (Flights) to completion

Men's Triple Jump (Flights) to completion

Women's High Jump to completion

Women's Shot (by flights) to completion

Men's Discus (by flights) to completion

Men's Pole Vault to completion

2nd session will begin after earlier session has ended

2nd Session

Men's Long Jump (Flights) to completion

Women's Triple Jump (Flights) to completion

Men's High Jump to completion

Women's Discus (by flights) to completion

Women's Pole Vault to completion

Men's shot (by flights) to completion

CG Kiwanis Invitational Track Meet

Finals

Thursday April 1st, 2010 – Casa Grande Union High School

Running Events – Finals Schedule

Time: Approximately 2:30pm

National Anthem

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls 100 M Dash

Boys 100 M Dash

Girls 1600 M Run **

Boys 1600 M Run **

Girls 400 M Relay

Boys 400 M Relay

Girls 400 M Dash

Boys 400 M Dash

Girls 300 M Low Hurdles

Boys 300 M Int Hurdles

Girls 800 M Run **

Boys 800 M Run **

Girls 200 M Dash

Boys 200 M Dash

Boys 3200 M Run

Girls 3200 M Run

Boys 1600 M Relay

Girls 1600 M Relay