

January 7, 2009

**Casa Grande Van Hazel / Kiwanis Invitational Track Meet**

2730 N. Trekell Road  
Casa Grande, Arizona 85222  
(520) 836-8500 School

Dear Track Coaches and Athletic Directors:

**Welcome and thank you for your interest in our  
57<sup>th</sup> Casa Grande Van Hazel / Kiwanis Invitational!**

**If your team is interested in participating at the Kiwanis  
invitational please email : [kkieser@cguhs.org](mailto:kkieser@cguhs.org)**

**Teams who participated last year will have first priority,  
therefore the meet will close once we reach our team limit.**

**Please submit your completed copy of the entry form by:**

**Friday March 27<sup>th</sup> , 2009.**

If your entries have already been received and you have changes, you may call (520) 975-3501 or email [asense@amphi.com](mailto:asense@amphi.com) by NOON on Wednesday, April 1<sup>st</sup>, 2009.  
\*There will be absolutely no changes in entries the day of the meet.

All events will be held at the Casa Grande Union High School Track. The track is constructed of all weather material. Athlete with spikes longer than 1/4" will not be allowed to compete. Starting time is 10:00 a.m. for field events and 11.00 a.m. for running events.

The **COACHES** meeting will be held at 9:00 A.M. the day of the meet.

All meet information is contained in this packet. Please do not hesitate to contact me if you feel that something is missing or if you have any questions. Again, thanks for your interest.

**Meet date is Friday April 3<sup>th</sup>, 2009.**

**Once again, there will be absolutely no changes in entries the day of the meet.**

**Price is: \$350 per school (\$175 for boys, \$175 for girls team)**

Kurt Kieser  
Meet Director

Casa Grande Union High School

Enclosures

## **57<sup>th</sup> Van Hazel/ Kiwanis Invitational 2009**

### **I. Meet Director**

- A. Kurt Kieser/Casa Grande Union High School  
2730 N. Trezell Road  
Casa Grande, Arizona 85222  
(520) 836-8500

### **II. General Information**

- A. Location: Casa Grande Union High School Track  
Date: Prelims and Finals – Saturday April 5<sup>th</sup>, 2008  
Entry Fee: \$350. per school (\$175 Boys - \$175. Girls)  
Times: 9:00 a.m. Coaches Meeting  
10:00 a.m. Field Events (Prelims)  
11:00 a.m. Running Events (Prelims and Finals) Implement “pool”  
provided  
3:00 p.m. Remaining Field Events (Prelims and Finals)  
3:00 p.m. Running Events (Finals)

### **III. Admission Prices**

- A. Adults - \$3.00 Students - \$2.00 Passes – A.I.A. ONLY  
Athletes in uniform or with coach will be admitted free

### **IV. Scoring and Awards**

- A. Scoring will be on a 10-8-6-5-4-3-2-1 basis. A team trophy will be presented to the team scoring the most points in the meet. Ties will be decided in the manner designated in the current addition of the National Federal Track and Field Rule Book.

### **V. Entries – Both a Girls Team and a Boys Team/School**

- A. Each school will be allowed to submit three (3) competitors in each running and field event. There will be a fast and a slow heat for the finals in the non-lane races. Each team will be allowed to  
Enter one (1) relay team in each relay event.
- B. All entries must be legible, listing first and surname of each participant. If entries are not legible we are not responsible for misread names or times. List hand held times in tenths (11.1h) and electronic as hundredths (11.13e).
- C. All entries must be **received by Wednesday NOON, April 1<sup>st</sup>, 2009.**
- D. Official eligibility for participation is established according to the A.I.A. rules and regulations, as contained in the A.I.A. Constitution and Bylaws.
- E. All participants will enter and compete in events as permitted by the A.I.A.

### **VI. Track Facilities**

- A. 9 lanes curve – 10 lanes straight  
B. Concrete shot and discus rings  
C. All weather runways in LJ, TJ and PV  
D. All weather take off area for HJ  
E. Foam pits for HJ and PV  
F. **NO LOCKER ROOM FACILITIES AVAILABLE**

## VII. Track Events

- A. Lanes assigned for preliminaries in the 100, 200, 400 and hurdle races.
- B. Number of heats will depend on the number of qualifying entries per event.
  - 1. **Qualifying for finals in the running events:** The **(9)** fastest times in the prelims for the following events will qualify for the finals: 100-200-400 meter dashes, 100/110 hurdles, and the 300 low hurdles.
  - 2. **Note:** If there is a malfunction of the electronic time in any of the qualifying heats, then, all heats (or the event only) will advance to the finals **by hand held times.**
- C. Bull Pen area: This will be located at the North end of the football field.  
All athletes will be required to report to the staging area to the Clerk of the Course, who will check them in. **NO HEAT ADJUSTMENTS will be made at the staging area.**
- D. 800-1600-3200 Meter Runs and Relays – Boys and Girls races will be run separately.
  - 1. 800-1600 meter runs – Depending on the number of qualifying entries, (1) heat or (2) heats will be run with the fastest times in the second heat. The fast heat will be limited to 16 runners and the slow heat will have the rest of the entries. The number of runners in each heat can be changed at the Meet Director's discretion. **No more than two heats will be run.** Box alley start will be used.
  - 2. 3200 meter run – One heat. Box alley start will be used.
  - 3. Relays
    - a. (4x800) – Relay to be run in one heat. Box alley start will be used. (2 heats if necessary).
    - b. (4x100) – Relay to be run in three (3) heats (if necessary). The fastest teams will be placed in the final heat. Teams will be placed in lanes with lane one (1) to be the best entered time and seeded out according to entered time. The 4x400 meter relay will use a three (3) turn stagger.

## VIII. Field Events

- A. Shot and Discus
  - 1. Participants will be placed in three (3) flights with the best flight competing last. The participants in flight will compete in order with the individual with the best mark competing last.
  - 2. Any competitor who arrives last because of other conflicting events may be placed in one of the later flights.
  - 3. After all preliminary throws are completed there will be no additional qualifying except the **nine (9) finalists.**
  - 4. Only attempts **over** the following distances will be measured:  

<b>Men's Shot – 37'</b>	<b>Women's Shot – 25'</b>
<b>Men's Disc – 110'</b>	<b>Women's Disc – 80'</b>
- B. Long Jump and Triple Jump
  - 1. A priority system will be used for the men's and women's long & triple jump
  - 2. After all preliminary jumps are completed there will be no additional qualifying except the **nine (9) finalists.** All preliminary jumps will be measured.
- C. Pole Vault and High Jump
  - 1. Men's Pole Vault will start at **10'0"** with 6" raises to 13' and then 3" raises.
  - 2. Women's Pole Vault will start at **6'** with 6" raises to 10' and then 3" raises.
  - 3. Men's High Jump to start a **5' 6"** with 2" raises to 6' 2" and then 1" raises.
  - 4. Women's High Jump to start at **4' 4"** and 2" raises to 5' 0", then 1" raises.

**Note:** The starting heights may be changed at the discretion of the Meet Director.

## IX. Appeals

- A. All appeals must be processed through the Meet Referee. No appeals will be processed on judgment Calls of Meet Officials. The Meet Referee will be the final authority on rule infractions. The Jury of Appeals will act only on rule interpretations.
- B. Jury of Appeals –

**X. Awards**

- A. Medals will be given to the top four finishers in each event. Coaches can pick their medals up after the meet is completed.
- B. A team trophy will be presented to the team scoring the most points in the Women's meet and Men's Meet. There will also be a trophy for the school that has the most points combined.

**XI. Other Meet Officials**

- A. **Meet Director** – Kurt Kieser
- B. **Host A.D.** – Robert Yordani
- C. **Starter** –
- D. **Finish line judge** –Marlin Porter
- E. **Clerk** –
- F. **Field Judge** –
- G. **Track Official** –
- H. **Meet Referee/Back-up Starter** –

Van Hazel/ Kiwanis Invitational Track Meet  
Preliminaries  
Friday, April 3<sup>rd</sup>, 2009 – Casa Grande Union High School

Running Events: **Will be using a rolling schedule**  
Events will begin soon after the previous event ends.

<u>Time</u>	<u>Event</u>	
11:00 am	Boys	4x800 Relay Finals (2 heats if necessary)
	Girls	4x800 Relay Finals (2 heats if necessary)
	Boys	110 M Hurdles
	Girls	100 M Hurdles
	Boys	100 M Dash
	Girls	100 M Dash
	Boys	400 M Dash
	Girls	400 M Dash
	Boys	300 M Intermediate Hurdles
	Girls	300M Low Hurdles
	Boys	200 M Dash
	Girls	200 M Dash
	Boys	3200 M Run (1 <sup>st</sup> Section)
	Girls	3200 M Run (1 <sup>st</sup> Section)

Van Hazel/ Kiwanis Invitational Track Meet

Prelims and Finals  
Friday, April 1<sup>st</sup>, 2009 – Casa Grande Union High School

Field Events

Time

1<sup>st</sup> session

11:00 Boy's Long Jump (Priority) to completion  
Girl's Triple Jump (Priority) to completion  
Boy's High Jump to completion  
Boy's Shot (by flights) to completion  
Girl's Discus (by flights) to completion  
Girl's Pole Vault to completion

**2<sup>nd</sup> session will begin after earlier session has ended**

2<sup>nd</sup> Session

Girl's Long Jump (Priority) to completion  
Boy's Triple Jump (Priority) to completion  
Girl's High Jump to completion  
Boy's Discus (by flights) to completion  
Boy's Pole Vault to completion  
Girl's shot (by flights) to completion

Van Hazel/ Kiwanis Invitational Track Meet  
Finals  
Friday April 3rd, 2009 – Casa Grande Union High School

**Running Events – Finals Schedule**

National Anthem

Boys	110 M Hurdles
Girls	100 M Hurdles
Boys	100 M Dash
Girls	100 M Dash
Boys	1600 M Run **
Girls	1600 M Run **
Boys	400 M Relay
Girls	400 M Relay
Boys	400 M Dash
Girls	400 M Dash







**\* Pole vaulters may be weighed at the meet. All vaulters must be at or below the weight of the poles that they are using for competition.**

**\*\*\* We will be using a rolling schedule in order to shorten the time length of the meet. Please make parents and athletes aware of the change this year.**

**Thank you for your interest in the 57<sup>th</sup> annual Van Hazel/ Kiwanis invitational  
Respectfully; Kurt Kieser**