

XC Regional Rankings

Weekly High School X-Country Regional Team Rankings and Individuals to Watch

Team Rankings by Marc Bloom and Rich Gonzalez

Regional Individuals To Watch compiled by NSSF State Ambassadors

Last week's rankings in parentheses. BT means Bubble Team. NR means no ranking including bubble teams.

--Nike Cross Nationals Regional Meets on Saturday, Nov. 22-- ***South (The Woodlands, TX) and Southwest (Tempe, AZ)***

Boys New York

1. Shenendehowa [1]	Wins State Federation title by 58 points, NXN NY Regional on Nov. 29
2. Fayetteville-Manlius [2]	Skipped Federation meet to prepare for regional after overall 2 nd in State Assn champs
3. Burnt Hills-Ballston Lake [5]	2 nd in State Federation champs
4. Shoreham-Wading River [4]	3 rd in State Federation, close behind Burnt Hills
5. Honeoye Falls-Lima [3]	4 th in State Federation champs
6. Queensbury [6]	5 th in State Federation champs
7. Arlington [BT]	Previously ranked team takes 6 th in State Federation meet
8. North Rockland [BT]	Previously ranked team takes 7 th in State Federation meet
9. East Aurora [BT]	Previously ranked team takes 8 th in State Federation meet
10. Liverpool [BT]	9 th in State Federation, a few points ahead of previous #10 Chaminade and #7 Pittsford

Cut: Pittsford-Mendon [7], Wantagh [8], Suffern [9], Chaminade [10]

Bubble teams alphabetically: Baldwinsville, Binghamton, Bishop Ford, Brighton, Brockport, Calhoun, Chaminade, Jamesville-Dewitt, Mckee Sl Tech, Msgr. Farrell, Newark Valley, Northport, Pittsford-Mendon, Saratoga Springs, Scarsdale, Shaker, Smithtown, St. Anthony's, Suffern, Warwick Valley, Washingtonville, Walt Whitman, Wantagh, West Genesee, Windsor

New York Boys to Watch

Andrews, Bobby, 12, Shoreham-Wading River
Connell, Brendan, 12, Smithtown
Deir, Alex, 11, HFL
Doherty, Adam, 12, Arlington
Goutos, Demetri, 12, Saratoga Springs
Harris, Dan, 11, Shenendehowa
Hatz, Alex, 11, Fayetteville-Manlius
Hickey, Mike, 12, Pearl River

Leuchanka, Alex, 12, Shenendehowa
Perilli, Drew, 11, Lockport
Muller, John, 12, Arlington
Raseman, Quinn, 11, Ward Melville
Savage, Colin, 11, Liverpool
Stogsdill, Chris, SR, Marcellus, NY
Straneva, Max, 11, Chenango Valley, NY
Ubriaco, Otis, 10, Burnt Hills, NY

Boys Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

- 1.W. Windsor-Plainsboro N (NJ) [3] Wins State Group 3 with meet's best showing, faces Don Bosco in State MOC on Sat
- 2.Don Bosco (NJ) [1] Wins State Non-Public class A by 52 over Christian Bros
- 3.North Penn (PA) [2] Previously won State 3A
- 4.Danbury (CT) [4] Previously won State Open and New England titles
- 5.Amity (CT) [6] Previously close 2nd to Danbury in New Englands
- 6.Haddonfield (NJ) [9] 5 juniors and 2 sophs dominate State Group 2 with 2nd-best overall team showing
- 7.Christian Bros (NJ) [5] 2nd to Don Bosco in State Non-Public A in sub-par performance
- 8.La Salle (PA) [7] Previously 2nd in State 3A
- 9.No. Allegheny (PA) [8] Previously 3rd in State 3A
- 10.Hanover (NH) [10] Previously 3rd in New Englands

Bubble teams alphabetically: Amherst (MA), Bishop Guertin (NH), Bishop Hendricken (RI), Cherokee (NJ), Conard (CT), Council Rock No (PA), Cumberland Valley (PA), Essex (VT), Germantown Friends (PA), Greely (ME), Henderson (PA), La Salle (RI), Mansfield (MA), Mendham (NJ), Methuen (MA), Morris Hills (NJ), Nashua So (NH), Nashua No (NH), Neshoba (MA), Old Bridge (NJ), Perkiomen Valley (PA), Pinkerton (NH), Pope John XXIII (NJ), Shelton (CT), Southern Reg (NJ), St. John's Prep (MA), Upper Dublin (PA), West Windsor-Plainsboro So (NJ), Whitman-Hanson (MA)

Northeast Boys to Watch

Aden, Omar, SR, Charlestown, Charlestown, MA
Aylaian, Brendan, JR, Nashoba, Bolton, MA
Dannenhauer, Ray, SR., Amherst-Pelham Regional, Amherst, MA
Galebach, Philip, SR, Medford HS, Medford, MA
Moverman, Mike , SR, Oliver - Ames, Easton, MA
Wilson, David , SR, Brookline, Brookline, MA
Wortham, Andrew, SR, Newton South, Newton, MA

Allen, Robert, SO, Cranston West HS, Cranston, RI
Doyle, Brian, JR, Bishop Hendricken HS, Warwick, RI
Feigan, Mark, SR, East Greenwich HS, East Greenwich, RI
Griffin, Sid, SR, Barrington HS, Barrington, RI
Hurley, David, SR, Chariho HS, Richmond, RI
Mecurio, Connor, SR, LaSalle Academy, Providence, RI
O'Laughlin, Tim, SR, Westerly HS, Westerly, RI
Ross, Nick, JR, East Greenwich HS, East Greenwich, RI
Sienko, Jake, JR, Bishop Hendricken HS, Warwick, RI
Springer, Andrew, SR, Westerly HS, Westerly, RI

Bendtsen, Chris, Wolcott, CT
Bubniak, Joey, Danbury, CT
Hrezi, Mohamaed, Naugatuck, CT
King, Ryan, Tolland, CT
Marsh, Bryan, Conard, CT
McGuire, Ryan, Notre Dame, CT
RANERI, JOHN, New Fairfield, CT
Reynolds, Chris, Suffield, CT
Schaefer, Tucker, Danbury, CT
Stoliker, Richard, Shelton, CT

Berman, Neal, Sr., Lower Merion HS, Ardmore, PA
Beveridge, Joe, Sr., Bishop McDevitt HS, Harrisburg, PA
Bogert, Jon, Sr., Liberty HS, Bethlehem, PA
Bonaventure, Nick, Sr., Penncrest HS, Media, PA
Broussard, Chase, Sr., North Allegheny HS, Wexford, PA
Furcht, Ben, Sr., Lower Merion HS, Ardmore, PA
Gil, Ryan, So., North Allegheny HS, Wexford, PA
Gunzenhauser, Rad, Jr., Mt. Lebanon HS, Pittsburgh, PA
Hobart, TJ, Sr., Baldwin HS, Pittsburgh, PA
Hull, Kevin, Sr., Hempfield HS, Greensburg, PA
Hurston, Kyle, Sr., Carlisle HS, Carlisle, PA
Kellar, Will, Jr., Henderson HS, West Chester, PA
Krystek, DJ, Sr., Gateway HS, Monroeville, PA
Luff, Tom, Sr., Emmaus HS, Emmaus, PA
Mahoney, Mike, Sr., Council Rock North HS, Newtown, PA
McKenzie, Gus, Jr., Germantown Friends School, Germantown, PA
Miles, Brad, Jr., North Penn HS, Lansdale, PA
Palmisano, Mike, Sr., Upper Dublin HS, Fort Washington, PA
Pierce, Mike, Sr., Holy Ghost Prep, Bensalem, PA
Stauffer, Cam, Sr., Seneca Valley HS, Harmony, PA
Tarsnane, Jimmy, Sr., Perkiomen Valley HS, Collegeville, PA
Wallace, Dan, Jr., Council Rock North HS, Newtown, PA

Forward, David, JR, Shawnee, Medford, NJ
Franklin, Michael, SR, Mendham, Mendham, NJ
Leininger, Mark, SR, Colts Neck, Colts Neck, NJ
Molke, Robert, SR, Don Bosco, Ramsey, NJ
Pohorence, Sean, SR, Morris Hills, Rockaway, NJ
Rosa, James, SO, West Windsor Plainsboro North, Plainsboro, NJ
Rosa, Joe, SO, West Windsor Plainsboro North, Plainsboro, NJ
Smith, Doug, SR, Gill St Bernards, Gladstone, NJ
Spencer, Leighton SR, Don Bosco, Ramsey, NJ
Vitez, Jon, JR, Haddonfield, Haddonfield, NJ

Christiansen, Job , SR, Mascenic Regional, New Ipswich, NH

Collopy, Jack , FR, Oyster River HS, Durham, NH
Fisher, Dylan , SR, Con-Val Regional, Peterborough, NH
Grant, Josh , SR, Nashua North HS, Nashua, NH
Hernandez, Francis , JR, Bishop Guertin HS, Nashua, NH
Jourdain, Joey, JR, Bishop Guertin HS, Nashua, NH
LaCoste, Jeff, SO, Bishop Guertin HS, Nashua, NH
Malnati, Eric , SR, Fall Mountain Regional, Alstead, NH
McBrien, Ethan , SR, Con-Val Regional, Peterborough, NH
Pietrocarlo, Chris , JR, Pinkerton Academy, Derry, NH
Sinotte, Cory , SR, Manchester Central HS, Manchester, NH
Watanabe, Aaron , JR, Hanover HS, Hanover, NH

Bouffard, Justin, 12, Essex, VT
Elliott-Knaggs, Landen, 12, Brattleboro, VT
Kline, Charlie, 11, Essex, VT
Mainer, Matt, 12, CVU, VT
Marshall, Nick, 11, Mount Mansfield, VT
Paulsen, Dan, 12, Essex, VT
Pittman, Adron, 12, Mount Mansfield, VT
Sinclair, David, 11, GMVS, VT
Sulva, Tony, 12, CVU, VT
Welter, Eamon, 12, Harwood, VT

Boys South

(AR, LA, MS, OK, TX)

- | | |
|------------------------------|---|
| 1.The Woodlands (TX) [1] | Wins State 5A by 31 points, hosts NXN South Regional on Sat |
| 2.Seven Lakes (TX) [5] | Fulfills pre-season expectation with State 5A runner-up performance |
| 3.Cedar Park (TX) [2] | 3 rd in State 5A |
| 4.Boerne (TX) [7] | Wins State 4A by 52, 4 th in merged scoring |
| 5.Klein Oak (TX) [3] | 4 th in State 5A |
| 6.Marcus (TX) [5] | 5 th in State 5A |
| 7.Southlake Carroll (TX) [6] | 6 th in State 5A |
| 8.Flower Mound (TX) [BT] | 7 th in State 5A |
| 9.Del Rio (TX) [BT] | 8 th in State 5A |
| 10.Poteet (TX) [BT] | 2 nd to Boerne in State 4A |

Cut: Clear Lake (TX) [8], Strake Jesuit (TX) [9], PSJA North (TX) [10]

Bubble teams alphabetically: A&M Consolidated (TX), Baton Rouge Cath (LA), Big Spring (TX), Brother Martin (LA), Canyon (TX), Cinco Ranch (TX), Clear Lake (TX), College Park (TX), Coppell (TX), El Paso Austin (TX), FEAST (TX), Fossil Ridge (TX), Georgetown (TX), Houston Mem (TX), Jesuit (LA), Kingwood (TX), Lamar (TX), Lockhart (TX), Moore (OK), Plano West (TX), PSJA North (TX), Rogers (AR), Strake Jesuit (TX), Tulsa Union (OK), Tupelo (MS), Vista Ridge (TX)

South Boys to Watch

Efurd, Cameron, 12, Rogers, Rogers, AR
Falls, Jordan, 12, Rogers, Rogers, AR
Fleeman, Jeremiah, 11, Rogers, Rogers, AR
Friant, Matthew, 11, Conway, Conway, AR

Gerber, Amos, 11, Lake Hamilton, Percy, AR
Hanson, Caleb, 12, Ft Smith Southside, Ft Smith, AR
Marchman, Chris, 11, Sheridan, Sheridan, AR
Mills, David, 12, Lake Hamilton, Percy, AR
Pearson, Markus, 12, Conway, Conway, AR
Resendiz, Martin, 11, Rogers, Rogers, AR
Tully, Alex, 12, Little Rock Catholic, Little Rock, AR

Arthur, Paul, 11, Walker, Walker, LA
Bacques, Taylor, 12, Jesuit, New Orleans, LA
Dotson, Mark, 12, Menard, Menard, LA
Flores, Peter, 12, Jesuit, New Orleans, LA
France, Zack, 11, Slidel, Slidel, LA
Heaphy, Alden, 12, St Thomas More, Lafayette, LA
Landry, Mitch, 9, Haughton, Haughton, LA
Mouton, Matt, 11, St Paul, Covington, LA
Pieri, Matt, 12, Br Martin, New Orleans, LA
Primeaux, Phillip, 11, Catholic, Baton Rouge, LA
Rice, Matthew, 9, Catholic, Baton Rouge, LA
Richardson, Scott, 12, Br Martin, New Orleans, LA
Wolfe, Matt, 12, Parkway, Bossier City, LA

Almo, D'Ante, 11, Wingfield, Jackson, MS
Epting, Austin, 12, East Union, Blue Springs, MS
Gonzalez, Tino, 12, Ocean Spring, Ocean Spring, MS
Holman, Max, 11, Tupelo, Tupelo, MS
Lee, Gordon, 12, Tupelo, Tupelo, MS
Ruhl, Adam, 11, Madison Central, Madison, MS
Scott, Derek, 12, Saltillo, Saltillo, MS
Taheri, Arash, 12, Ridgeland, Ridgeland, MS
Westbrook, Derek, 10, Hancock, Kiln, MS
Wilson, Jeff, 10, Tupelo, Tupelo, MS

Adelman, Frank, 12, Yukon, Yukon, OK
Aria, Alex, 11, Mustang, Mustang, OK
Baker, Steven, 12, Union, Tulsa, OK
Bothwell, Toby, 11, Westmoore, Oklahoma City, OK
Bowles, Parker, 11, Norman, Norman, OK
Buck, Dakota, 11, Deer Creek, Edmond, OK
Edison, Cale, 11, Calera, Calera, OK
Godwin, Adam, 11, Edmond North, Edmond, OK
Monaghan, Taylor, 12, Union, Tulsa, OK
Others, Victor, 11, Ponca City, Ponca City, OK
Talbert, Eric, 11, Memorial, Edmond, OK

Antkowiak, Will, 10, Brenham, Brenham, TX

Benn, Jacob, 11, Stevens, San Antonio, TX
Brown, CJ, 12, Carroll, Southlake, TX
Butler, Drew, 12, Woodlands, The Woodlands, TX
Connor, Reed, 12, Woodlands, The Woodlands, TX
De La Garza, Alex, 12, Mercedes, Mercedes, TX
Dohner, Ryan, 11, Klein Oak, Spring, TX
Hibbs, Evan, 12, Georgetown, Georgetown, TX
Lutz, Craig, 10, Marcus, Flower Mound, TX
Ornelas, Zach, 12, Vista Ridge, Cedar Park, TX
Pinales, Mark, 10, Stony Point, Round Rock, TX
Rathke, Chase, 12, Seven Lakes, Katy, TX
Snyder, Paul, 12, Churchill, San Antonio, TX
Stinson, Parker, 11, Cedar Park, Cedar Park, TX
Stitt, Jim, 12, Timberview, Mansfield, TX
Torres, Donovan, 10, Coronado, Lubbock, TX
Valle, Jordan, 12, Big Spring, Big Spring, TX
Welin, Jimmy, 12, Seven Lakes, Katy, TX

Allison, Sann, 12, Canyon, Canyon, TX
Antkowiak, Will, 10, Brenham, Brenham, TX
Bonn, James, 12, Lockhart, Lockhart, TX
Brown, CJ, 12, Carroll, Southlake, TX
Butler, Drew, 12, Woodlands, The Woodlands, TX
Connor, Reed, 12, Woodlands, The Woodlands, TX
De La Garza, Alex, 12, Mercedes, Mercedes, TX
Dohner, Ryan, 11, Klein Oak, Spring, TX
Hibbs, Evan, 12, Georgetown, Georgetown, TX
Lutz, Craig, 10, Marcus, Flower Mound, TX
Ornelas, Zach, 12, Vista Ridge, Cedar Park, TX
Rathke, Chase, 12, Seven Lakes, Katy, TX
Smith, Collin, 12, Austin, Austin, TX
Smith, Neal, 11, Carroll, Southlake, TX
Snyder, Paul, 12, Churchill, San Antonio, TX
Torres, Donovan, 10, Coronado, Lubbock, TX
Valle, Jordan, 12, Big Spring, Big Spring, TX
Webb, James, 12, Strake Jesuit, Houston, TX

Boys Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

1. Jamestown (VA) [1] Previously won State 2A, NXN Southeast Regional on Sat
2. Oakton (VA) [2] Previously won State 3A
3. Broughton (NC) [3] Previously won State 4A
4. Daviess County (KY) [4] Wins State 3A by 15 points
5. Belen Prep (FL) [6] Wins regional taking 5 of top 7, state meet Sat
6. Peachtree Ridge (GA) [5] Previously won State 5A

7. Walter Johnson (MD) [7] Previously won State 4A
 8. Albemarle County (VA) [8] Previously 2nd in State 3A
 9. Blacksburg (VA) [9] Previously 2nd in State 2A
 10. Flowery Branch (GA) [10] Previously won State 3A

Bubble teams alphabetically: Auburn (AL), Baylor (TN), Bishop Kenny (FL), Blacksburg (VA), Brookwood (GA), Calvert Hall (MD), Chapel Hill (NC), Collins Hill (GA), Columbus (FL), Freeman (VA), Green Hope (NC), Hoover (AL), Houston (TN), Jefferson Sci/Tech (VA), Leon (FL), Louisville Trinity (KY), Melbourne (FL), Mooresville (NC), Morristown West (TN), Mountain Brook (AL), Mountain View (VA), NW Guilford (NC), Oak Ridge (TN), Potomac Falls (VA), Salesianum (DE), Spotswood (VA), St. Xavier (KY), Tampa Jesuit (FL), Wade Hampton (SC), Walton (GA), Wheeling Park (WV)

Southeast Boys to Watch

Binns, Blaise, SO, Grissom, Huntsville, AL
 Dorsett, Layton, JR, Mtn Brook, Birmingham, AL, 5th at Hoover in 16:39
 Given, Wilkerson, SR, Mtn Brook, Birmingham, AL, Idle this week
 Gomez, Pat, SR, Auburn, Auburn, AL,
 Henderson, Andy, SR, Smiths Station, Smiths, AL,
 Johnson, Phillip, SR, Homewood, Birmingham, AL, 4th at Hoover in 16:37
 Lewis, Nathan, JR, Cold Springs, Cold Springs, AL,
 McGregor, Pat, SR, Hoover, Birmingham, AL, Wins Hoover in 15:57
 Perkins, Nick, SR Hoover, Birmingham, AL, 2nd at Hoover in 16:22
 Probst, Bryan, SO, Hoover, Birmingham, AL, 3rd at Hoover in 16:35

Atkinson, Brian, JR, Melbourne, Melbourne, FL, Took first at Holy Trinity in 15:51
 Del Valle, Armando, JR, Columbus, Miami, FL, GMAC Champ winning in 16:19
 Lanning, Jonathan, SR, Sarasota, Sarasota, FL, Won the BRAC Invite in 15:35
 Mizereck, Matt, SR, Leon, Tallahassee, FL, Rested and trained this week.
 Montoya, Erick, JR, Estero, Fort Myers, FL, Won the LCAC on a hilly and very wet course in 16:19.
 Revord, Connor, SR, Tampa Jesuit, Tampa, FL, Rested and trained this week.
 Stanford, Will, SO, Leon, Tallahassee, FL, Rested and trained this week.
 Wallace, Michael, JR, Bishop Kenny, Jacksonville, FL, Rested and trained this week.
 Wehunt, Derek, SR, Sickels, Tampa, FL, Rested and trained this week.

Line, Eric, SR., Caesar Rodney, Camden, DE, 1st Henlopen Conference(16:08)
 Mazzio, Jon, SR., Salesianum, Wilmington, DE, 2nd New Castle County Meet(16:17)
 Morrin, Greg, SR., St. Marks, Newark, DE, 1st New Castle County Meet(16:11)
 White, Barien, SR., Christiana, Newark, DE, 3rd New Castle County Meet(16:40)
 White, Darien, SR., Christiana, Newark, DE, 4th New Castle County Meet(16:43)

Detweiler, Brian, SR, Parkview, Lilburn, GA, Region 8-AAAAA Champion in 15:48
 Fensterer, Robert, SR, Peachtree Ridge High School, Suwanee, GA, Region 7-AAAAA Runner-up in 15:59
 Longobardi, Niall, SR, Peachtree Ridge, Suwanee, GA, Region 7-AAAAA Champion in PR of 15:47
 Lord, Taylor, SR, Chapel Hill High School, Douglasville, GA, won Region 4-AAAAA in 15:54
 McClay, Mike, JR, Dacula, Dacula, GA, Region 8-AAAAA Runner-up in 15:51

Carnes, Jackson , JR, St. Xavier, Louisville , KY
 Dadds, Alex , SR, Trinity, Louisville, KY

Eaton, Ryan , JR, Greenwood, Bowling Green, KY
Eden, Stacy, JR, Shelby County, Shelbyville, KY
Hancock, Brian , SR, Trinity, Louisville, KY
House, Justin , SO, Apollo, Owensboro, KY
Law, Jacob, SR, South Oldham, Crestwood, KY
Maglasang, James, JR, St. Mary, Paducah, KY
Mann, Thomas JR, St. Xavier, Louisville, KY
Taylor, Landon, SR, Daviess County, Owensboro, KY

Arias, Thomas, JR, Damascus High School, Damascus, MD
Balderson, Kyle, SR, Sherwood High School, Sandy Spring, MD
Bartholomew, Wayne, SR, Quince Orchard High School, North Potomac, MD
Bazell, Graham, SR, Atholton High School, Columbia, MD
Faherty, Brian, SR, Eleanor Roosevelt High School, Greenbelt, MD
Haile, Solomon, SR, Sherwood High School, Sandy Spring, MD
King, Sean, SR, Winston Churchill High School, Potomac, MD
Lilley, Mike, SR, Williamsport High School, Williamsport, MD
Ozarowski, Dave, Archbishop Curley High School, Baltimore, MD
Pagonis, Demetrios, McDonogh School, Owings Mills, MD
Palmer, Andrew, JR, Walt Whitman High School, Bethesda, MD
Patterson, Robert, SR, DeMatha Catholic High School, Hyattsville, MD
Puffett, Corey, JR, DeMatha Catholic High School, Hyattsville, MD
Sullivan, Zach, SR, Archbishop Spalding High School, Baltimore, MD
Thorne, Jamie, SR, Chopticon High School, Morganza, MD

Abushouk, Mohamed, JR, Cary High, Cary, NC
Crawford, Seth, SR, Northwest Guilford, Guilford, NC
Gilland, Taylor, SR, Chapel Hill, Chapel Hill, NC
Harwell, John, JR, Asheville, Asheville, NC
Jones, Reidy, JR, Broughton, Raleigh, NC
Peachee, Dakota, SR, West Johnson, Johnson, NC

Blackmon, Mark, FR, Fort Mill HS, Fort Mill, SC, Ran 16:06 to finish 1st at the AAAA Upper-State Qualifying Meet.
Easler, Brandon, SR, Dorman HS, Roebuck, SC, Ran 16:18 to finish 2nd at the AAAA Upper-State Qualifying Meet.
Felix, Jack, SO, Hilton Head HS, Hilton Head, SC, 16:04 to win the Lower State AAA Qualifying Meet
Fitts, Josh, SR, Wando HS, Charleston , SC, 17:04 to finish 4th at AAAA Lower-State Qualifying Meet.
Jennings, David, Ridge View, Columbia, SC, Ran 16:27 to win the Mid-State AAAA Qualifying meet.
Parker, Trey, Wilson Hall, Columbia, SC, Ran 16:01 to win the SCISA State Championship.
Plumlee, Jordan, Blue Ridge, Greer, SC, Ran 16:34 to finish 4th at the AAA Upper-State Qualifying.
Ramirez, Aaron, SR, Woodmont HS, Piedmont, SC, Ran 15:59 to win the AAA Upper-State Qualifying.
Tillman, Sebastian, SR, Summerville, SC Did not run this week.
Tyler, Timothy, Soph, Wando HS, Charleston, SC, Ran 17:05 to finish third in the AAAA Lower-State Qualifying Meet.

Frantom, Spencer, JR, Morristown-West High School, Morristown, TN
James, William, JR, Cordova High School, Cordova, TN
Lord, Brandon, JR, The Baylor School, Chattanooga, TN

Mahaney, Brandon, SR, Macon Co. High School, Lafayette, TN
Mansy, Michael, JR, Science Hill High School, Johnson City, TN
Matthews, Bill, SR, The Baylor School, Chattanooga, TN
McKelvey, Clint, JR, Maryville High School, Maryville, TN
McLarty, Kyle, SR, Collierville High School, Collierville, TN
Ostrouchov, Chris, SR, Oak Ridge High School, Oak Ridge, TN
Rainey, Jake, JR, Rossvie High School, Clarksville, TN
Sharpe, John, JR, Oak Ridge High School, Oak Ridge, TN
Sonnenfeldt, Matt, SR, Knoxville West High School, Knoxville, TN

Colley, Andrew, SR, Jamestown High School, Williamsburg, VA, 14:36 3.05 mi at Bay Rivers District Meet (W&M Inv course)
Dejarnette, Ben, SR, Atlee, Mechanicsville, VA, 15:54 5K at Capital District Meet (Pole Green Park)
Mearns, Colin, Jamestown, Jamestown High School, Williamsburg, VA, 14:48 3.05mi at Bay Rivers District Meet (W&M Inv course)
Porter, Thomas, SR, Mountain View High School, Stafford, VA, 15:34 5K at Commonwealth District Meet (Willowmere Park)
Stutzman, Tyler, SR, Western Albemarle, Crozet, VA, 15:36 5K at Jefferson Forest District Meet (Panorama Farms)

Ciarolla, David, SR, Fairmont Senior, Farimont, WV
Gramlich, Kyle, SR, Wheeling Park, Wheeling, WV
Hampshire, Cory, SR, Jefferson, Shenandoah Jct., WV
Pelliccione, Cody, SO, Morgantown, Morgantown, WV
Roach, Lenny, SR, Berkeley Springs, Berkeley, WV
Read, Ronald, SR, Weir, Weirton, WV

Boys Midwest

(IL, IN, MI, MO, OH)

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|-------------------------------|--|
| 1.York (IL) [2] | Stunning state meet reversal winning NXN Midwest Regional by 36 over Naperville North |
| 2.Naperville No (IL) [1] | 2 nd in NXN Regional, just ahead of Carmel, after beating York at state the previous week |
| 3.Carmel (IN) [6] | Close 3 rd in NXN Regional |
| 4.Geneva (IL) [3] | 4 th in NXN Regional |
| 5.Neuqua Valley (IL) [5] | '07 national champion takes 5 th in NXN Regional |
| 6.Lee's Summit West (MO) [4] | 6 th in NXN Regional |
| 7.Pioneer (MI) [8] | Previously won State Div I |
| 8.St. Louis Univ (MO) [9] | 7 th in NXN Regional |
| 9.Fort Wayne Carroll (IN) [7] | 8 th in NXN Regional |
| 10.Fishers (IN) [BT] | Last year's winner takes 10 th in NXN Regional, 2 points ahead of Mason (OH) |

Cut: Mason (OH) [10]

Bubble teams alphabetically: Bay City Western (MI), Centerville (OH), Chesterton (IN), College Hts Christian (MO), Darby (OH), Edwardsville (IL), Franklin Central (IN), Green (OH), Heritage (MI), Hilliard Davidson (OH), Lake Orion (MI), Lebanon (MO), Liberty (MO), Linden (MI), Lyons Township (IL), Loyola (IL), McCutcheon (IN), Mentor (OH), Medina (OH), North Central (IN), Prospect (IL), Reynoldsburg (OH), St. John Jesuit (OH), West Plains (MO)

Midwest Boys to Watch

Larsen, Andrew, Marmion, Aurora
Martin, James, Carroll, Fort Wayne, IN
Roys, Donny, Medina, OH

Shields, Drew, 12, Fishers, Fishers, IN
Swearingen, Jacob, SR Potosi, MO

Boys Heartland

(IA, KS, MN, NE, ND, SD, WI)

- | | |
|-------------------------------|---|
| 1.Wayzata (MN) [2] | Wins NXN Heartland Regional by 3 points over Bismarck |
| 2.Bismarck (ND) [1] | Close 2 nd in NXN Regional |
| 3.Yankton (SD) [7] | 3 rd in NXN Regional |
| 4.Eden Prairie (MN) [3] | 4 th in NXN Regional |
| 5.Stevens Point (WI) [4] | Previously won State Div I |
| 6.Lawrence (KS) [6] | Previously won State 6A |
| 7.Shawnee Mission NW (KS) [8] | Previously 2 nd in State 6A |
| 8.Edina (MN) [9] | 5 th in NXN Regional |
| 9.Moorhead (MN) [BT] | 6 th in NXN Regional |
| 10.Madison West (WI) [5] | 7 th in NXN Regional |

Cut: Pleasant Valley (IA) [10]

Bubble teams alphabetically: Alexandria (MN), Aquinas (KS), Bellevue West (NE), Burlington (IA), Fremont (NE), Indianola (IA), Iowa City High (IA), Kearney (NE), Lakeville South (MN), Marshalltown (IA), Millard West (NE), Minnetonka (MN), Mulvane (KS), Owatonna (MN), Perham (MN), Pleasant Valley (IA), Rapid City Stevens (SD), Sioux Falls Roosevelt (SD), White Bear Lake (MN), Wichita-Haysville (KS)

Heartland Boys to Watch

Gemar, Lucas, Sr., Moorhead, Moorhead, MN
Hassan, Mahad, Sr, Willmar, Willmar, MN
Kelly, Brett, Sr., West H.S., Madison, WI
Paradis, Drew, Sr., Alexandria, Alexandria, MN
Zivec, Jucub, 12, Grand Rapids, Grand Rapids, MN

Boys Southwest

(AZ, CO, NV, NM, UT, WY)

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|-----------------------------|--|
| 1.Albuquerque Acad (NM) [1] | Previously won State 4A, NXN Southwest Regional on Sat |
| 2.Cibola (NM) [2] | Previously won State 5A |
| 3.Los Alamos (NM) [3] | Previously close 2 nd in State 4A |
| 4.Alta (UT) [4] | Previously won State 5A |
| 5.Rio Rico (AZ) [5] | Previously won State 4A-II |
| 6.Sandia (NM) [6] | Previously 2 nd in State 5A |
| 7.Timpview (UT) [7] | Previously won State 4A |
| 8.American Fork (UT) [8] | Previously 2 nd in State 5A |
| 9.Catalina (AZ) [9] | Previously 2 nd in State 4A-II |
| 10.Mingus (AZ) [10] | Previously 3 rd in State 4A-II |

Bubble teams alphabetically: Alhambra (AZ), Cactus Shadows (AZ), Campbell County (WY), Carson (NV), Catalina Foothills (AZ), Centennial (NV), Cherry Creek (CO), Clovis (NM), Coronado (CO), Dakota Ridge (CO), Davis (UT), Desert Vista (AZ), Eldorado (NM), Falcon (CO), Gallup (NM), Park City (UT), Regis (CO), Reno (NV), Sabino (AZ), Shadow Mountain (AZ), Tuba City (AZ), Wheat Ridge (CO)

Southwest Boys to Watch

Freriks, Tim , sr, Cottonwood, AZ
Gonzales, Humberto, Sr, Phoenix, AZ
Hart, Sherod , Jr, Queen Creek, AZ
Hernandez, Omar, Sr, Rio Rico, AZ
Martinez, Jorge , So, Phoenix, AZ
Munoz, Jose Luis , Jr, Rio Rico, AZ
Orman, Billy , So, Tuba City, AZ
Shrader, Brian, Jr, Flagstaff, AZ
Smith, Cody, Sr, Phoenix, AZ
Tellez, Alberto, Sr, Phoenix, AZ
Yazzie, Ryan , Jr, Tuba City, AZ

Appel, Evan, 12, Dakota Ridge, Littleton, CO
DeMoor, Joe, 12, Buena Vista, Buena Vista, CO
Johnson, Kevin , 12, Falcon, Falcon, CO
Manilafasha, Joe , 12, Denver North, Denver, CO
Muhudin, Roblet, 11, Overland, Aurora, CO
Nicolls, Bobby , 12 , Regis, Aurora, CO
Rickman, Wes , 12, Falcon, Falcon, CO
Roberts, Andrew , 12, Lyons, Lyons, CO
Schafer, Walter, 11, Cherry Creek, Greenwood Village, CO
Schwaderer, Dart, 12, Wheat Ridge, Wheat Ridge, CO

Bekes, Evan, SO, Bloomfield, Bloomfield, NM
Gilna, Gareth, SR, Los Alamos, Los Alamos, NM
Jim, Donovan, SR, Gallup, Gallup, NM
Meyer, Christian, JR, Sandia, Albuquerque, NM
Montoya, Vincent, JR, Cibola, Albuquerque, NM
Palmer, Bryce, SR, Eldorado, Albuquerque, NM
Palmer, Kevin, SR, Eldorado, Albuquerque, NM
Ruybalid, Jonah, SR, Los Lunas, Los Lunas, NM
Torres, Doug, JR, St. Pius X, Albuquerque, NM
Zacharias, Pat, JR, Academy, Albuquerque, NM

Galen, Al, JR, Liberty, Henderson, NV
Hartle, Nick, FR, Centennial, Las Vegas, NV
Jordan, Bryan, SO, Galena, Reno, NV
Sandall, Erik, JR, Elko, Elko, NV
Meddles, Wade, JR, Sierra Lutheran, Minden, NV
Nied, Brandon, SR, Reno, Reno, NV
Shroy , Richard, JR, Carson, Carson City, NV
Tibaduiza, Bryan, SR, Galena, Reno, NV
Smith, Zack, SR, Palo Verde, Las Vegas, NV
Williams, Nathan, JR, Centennial, Las Vegas, NV

HerManyHorses, Caleb, Jr., Wyoming Indian HS, Ethete, WY
Honnholt, Hayden, Sr, Saratoga High, Rock Springs, WY
Hueckstaedt, Todd, Sr, Rock Springs High, Rock Springs, WY
Rathburn, Devin, SR, Central High, Cheyenne, WY
Robinson, Dominick, SR, Campbell Co., Gillette, WY
Zans, Garrett, JR, Rock Springs High, Rock Springs, WY

Jones, Elijah, Sr, Wasatch Academy, UT
Lynch, Jason, Sr, Hillcrest, Midvale, UT
Morin, Steve, Sr, Lone Peak, Orem, UT
Nelsen, Jonathon, Sr, Timpview, Orem, UT
Wilcock, Karl, Sr, Hurricane, Hurricane, UT

Boys Northwest

(AK, HI, ID, MT, OR, WA)

- | | |
|--------------------------|--|
| 1.North Central (WA) [1] | Wins NXN Northwest Regional by 74 points |
| 2.Jesuit (OR) [2] | 2 nd in NXN Regional |
| 3.Seattle Prep (WA) [3] | 3 rd in NXN Regional |
| 4.Henry Jackson (WA) [5] | 4 th in NXN Regional |
| 5.Boise (ID) [BT] | 5 th in NXN Regional |
| 6.Mead (WA) [4] | 6 th in NXN Regional |
| 7.Crater (OR) [6] | 7 th in NXN Regional |
| 8.Ferris (WA) [7] | 8 th in NXN Regional |
| 9.Twin Falls (ID) [8] | Previously won State 5A |
| 10.Lindbergh (WA) [10] | 9 th in NXN Regional |

Cut: Kodiak (AK) [9], Bellevue (WA) [10]

Bubble teams alphabetically: Bozeman (MT), Burlington-Edison (WA), Central Catholic (OR), Gig Harbor (WA), Hidden Valley (OR), Highland (ID), Iolani (HI), Kamiakin (WA), Kodiak (AK), Leilehua (HI), Mountain View (ID), Redmond (WA), Sehome (WA), Skyline (WA), Southridge (WA), Tahoma (WA)

Northwest Boys to Watch

Jantzer, Elliott, SR, Phoenix HS, Phoenix, OR
Helbling, Cody, JR, Lake City, Coeur d'Alele, ID
O'Donoghue, Drew, SO, Blue Train
Peloquin, Conner, Gig Harbor, WA
Rosaaen, Kevin, 12, Wilson, Tacoma, WA,
Watson, Barak , SR, Columbia, Eagle/Boise, ID

Boys California

- | | |
|----------------------|---|
| 1.Dana Hills [1] | Gaps 27 seconds to easily win So Sect Div I prelims head on weather-shortened course |
| 2.Buchanan [2] | Equals 4 th -fastest time ever on state meet course (78:10) to win Central Section Finals |
| 3.Vista Murrieta [3] | Tight quartet then gap to 5 th man for 2 nd to Dana Hills in So Sect Div I prelims race |
| 4.Thousand Oaks [4] | Runs 2 nd -fastest time among those on regular Mt. SAC course to win So Sect D 2 heat |
| 5.Mountain View [6] | Runs 80:13 to dominate Central Coast Section D 2 Finals |

- 6.Arcadia [5] Gaps 51 seconds on short course to finish 2nd in So Sect prelims Div 1 race
- 7.Loyola-L.A. [7] Runs fastest time of day (79:14) to win So Section D 2 prelims heat at Mt. SAC
- 8.Petaluma [10] Scores perfect 15 with 77:49 on 3.05-mile course at SCL Finals
- 9.Barstow [8] Solid four but gap to 5th man for victory in D 3 prelims heat in So Sect qualifier
- 10.Upland [9] Runs as pack and gaps 17 seconds for close 2nd in So Sect D 1 prelims race

Bubble teams alphabetically: Campolindo, Corona, Davis, Del Campo, El Rancho, El Toro, Foothill-SA, Granada, Long Beach Poly, North Torrance, Paloma Valley, Palos Verdes, Paramount, Patrick Henry, Rancho Cucamonga, Redondo Union, Royal, Saugus, St. John Bosco, Trabuco Hills, Woodcrest Christian

California Boys to Watch

- Cameron, James , 12, Mission Viejo, Mission Viejo, CA
- Fleet, Mac, 12, University City, San Diego, CA
- Gedyon, Elias, 10, Loyola, Los Angeles, CA
- Haworth, Chris, 12, Kennedy, Sacramento, CA
- Jarvis, Collin, 12, Rancho Buena Vista, Vista, CA
- Johnson, Tyre, 12, Palma, Salinas, CA
- Landrum, Wyatt, 12, Liberty, Brentwood, CA
- Lema, Nohe, 12, Willow Glen, San Jose, CA
- McElroy, Matt, 11, Edison, Hunt. Beach, CA
- Moussa, Ammar, 10, Arcadia, Arcadia, CA
- Myjer, Ian, 12, Mountain View, Mountain View, CA
- Ngula, Emmanuel, 12, Vista Del Lago, Moreno Valley, CA
- Peterson, Matt, 12, Davis, Davis, CA
- Poizat, Renaud, 12, Arcadia, Arcadia, CA
- Reed, Tyler, 12, Ayala, Chino Hills, CA
- Reedy, Heath, 11, Buchanan, Clovis, CA
- Rowe, Garrett, 11, Mountain View, Mountain View, CA
- Sanchez, Jonathan, 12, Buchanan, Clovis, CA
- Schmidt, Cody, 12, Redondo Union, Redondo Beach, CA
- Schmidt, Simon, 12, Redondo Union, Redondo Beach, CA
- Schwartz, Chris, 12, Foothill, Bakersfield, CA
- Seawell, Garrett, 12, Woodcreek, Roseville, CA
- Torres, Zack , 12, Crescenta Valley, La Crescenta , CA
- Totten, Seth, 11, Golden Valley, Stevenson Ranch, CA
- Valdes, Tyler, 12, Dana Hills, Dana Point, CA
- Valdes, Ryan, 12, Dana Hills, Dana Point, CA
- Vartanian, Danny, 12, Buchanan, Clovis, CA
- Villalva, Toby, 12, El Toro, Lake Forest, CA
- Wooff, Heyden, 10, Camarillo, Camarillo, CA
- Zaragoza, Pedro, 12, Lancaster, Lancaster, CA

GIRLS RANKINGS AND INDIVIDUALS TO WATCH

Girls New York

1.Fayetteville-Manlius [1] Regional	Two-time NXN defenders skip State Federation meet to prepare for Nov. 29 NY
2.Burnt Hills-Ballston Lake [3]	Wins State Federation title continuing see-saw duels with Saratoga Springs
3.Saratoga Springs [2]	2 nd to Burnt Hills by 13 points in State Federation champs
4.Queensbury [4]	3 rd in State Federation champs
5.Shenendehowa [5]	4 th in State Federation champs
6.East Aurora [6]	5 th in State Federation champs
7.North Shore [9]	6 th in State Federation champs
8.Pearl River [8]	7 th in State Federation champs
9.Arlington [10]	8 th in State Federation champs
10.Greenwich [BT]	9 th in State Federation champs

Cut: Cornwall [7]

Bubble teams alphabetically: Arlington, Bay Shore, Bronxville, Canandaigua, Cicero-No. Syracuse, Colonie, Cornwall, Guilderland, Liverpool, Monroe-Woodbury, Newark Valley, North Rockland, Northport, North Shore, Pittsford-Mendon, Rhinebeck, St. John the Baptist, Suffern, Warwick Valley

New York Girls To Watch

Anklin, Meaghan, 12, Fayetteville Manlius
 Carter, MacKenzie, 11, Fayetteville Manlius
 Cawley, Erin, 12, Newark Valley
 Chapman, Courtney, 10, Fayetteville Manlius
 Cirino, Erica, 11, Cold Spring Harbor
 Cuffe, Aisling, 10, Cornwall
 Greany, Shelby, 12, Suffern
 Henningson, Roxanne, 11, Saratoga
 Lipari, Emily, 11, Roslyn
 Luber, Hannah, 12, Fayetteville Manlius
 Malone, Molly, 11, Fayetteville Manlius
 Moreland, Amanda, 11, Bloomfield
 Mullins, Lauren, 0, Johnson City
 Nadel, Samantha, 9, North Shore
 Pezzulo, Molly, 10, Burnt Hills
 Predmore, Lizzie, 9, Shenendehowa
 Roecker, Sam, 12, Burnt Hills
 Symoniak, Brenna, 11, Amherse
 Wilslow, Danielle, 10, Queensbury

Girls Northeast

(CT, ME, MA, NH, NJ, PA, RI, VT)

1.Newton South (MA) [1]	Continues hot streak over Sudbury winning State Div I by 15 points
2.Lincoln-Sudbury (MA) [2]	2 nd in State Div I, defends NXN NE Regional title on Nov. 29
3.Glastonbury (CT) [3]	Previously won State Open and New England titles
4.Emmaus (PA) [4]	Previously won State 3A
5.Hanover (NH) [5]	Previously won State class I and 2 nd in New England
6.Phillips Andover (MA) [6]	Previously won New England prep schools title

7. Hamilton-Wenham (MA) [10] Wins State Div II with improving team behind Newton and Sudbury statewide
 8. Greater Latrobe (PA) [8] Previously 2nd in State 3A
 9. Immaculate Heart (NJ) [BT] Wins State Group Non-Public A with overall win in merge of top teams
 10. La Salle (RI) [10] Previously 3rd in New England

Cut: Haddonfield (NJ) [7]

Bubble teams alphabetically: Barrington (RI), Bishop Feehan (MA), Cape Elizabeth (ME), Cumberland Valley (PA), Essex (VT), Guilford (CT), Haddonfield (NJ), Haverhill (MA), Hillsborough (NJ), Holy Angels (NJ), Hopewell Valley (NJ), Liberty (PA), North Penn (PA), Norwich Free (CT), Norwin (PA), Pope John XXIII (NJ), Randolph (NJ), Red Bank Cath (NJ), Ridge (NJ), Toms River No (NJ), Voorhees (NJ), Wilton (CT)

Northeast Girls to Watch

Barry, Sarah, JR, Barrington, Barrington, RI
 Carmone, Erin, SR, East Providence HS, East Providence, RI
 Chace, Samantha, SO, Toll Gate, Warwick, RI
 Christensen, Jean, SR, LaSalle Academy, Providence, RI
 Colella, Arianna, SO, Cranston West HS, Cranston, RI
 Papazian, Emily, FR, LaSalle Academy, Providence, RI
 Riley, Jenna, JR, Coventry HS, Coventry, RI
 Rittling, Natasja, SO, Cumberland, Cumberland, RI
 Siskind, Emily, JR, Barrington HS, Barrington, RI
 Stasiuk, Allie, SR, North Kingston HS, North Kingston, RI

Dahlburg, Bridget, SR, Newton South, Newton, MA
 Davidner, Jenna, JR, Oliver – Ames, Easton, MA
 Hylton, Ellie, SR., Lincoln-Sudbury, Lincoln, MA
 Jones, Emily, SR, Bromfield, Harvard, MA
 Karys, Kelsey, SR, Newton South, Newton, MA
 Kasper, Kristen, SR, North Andover, North Andover, MA
 Keklak, Andrea, SO, Lincoln-Sudbury, Sudbury, MA
 Lanois, Emily, SR, Hamilton - Wenham, MA
 Solimine, Julie, SO., Haverhill, Haverhill, MA
 Thomas, Jen, JR, Bishop Feehan, Attleboro, MA
 Veit, Kristen, SR, Holyoke Catholic, Holyoke, MA

Corso, Isabella, Ridgefield, CT
 Cotton, Sarah, Daniel Hand, CT
 Crevoiserat, Lindsay, Glastonbury, CT
 Hunter, Cassy, NFA, CT
 Kalbian, Irene, Cheshire, CT
 Kenny, Moira, Immaculate, CT
 Malloy, Kristen, Glastonbury, CT
 Nicholas, Jackie, Nonnewaug, CT
 Sara, Lauren, Bunnell, CT
 Smith, Claire, Avon, CT

Buck, Clare, SR, Hopewell Valley, Pennington, NJ

Hall, Marielle, JR, Haddonfield, Haddonfield, NJ
Jablonski, Julie, JR, Hopewell Valley, Pennington, NJ
Jackucewicz, Brianna, SR Colts Neck, Colts Neck, NJ
Mark, Julia, SR, Delaware Valley, Frenchtown, NJ
Orr, Caitin, JR, Lenape, Medford, NJ
Pagano, Sarah, SR, Immaculate Heart Academy, Washington Twp, NJ
Rugino, Angela, SR, Toms River North, Toms River, NJ
Venables, Megan, SO, Highland Regional, Blackwood, NJ
Vigilante, Laura, JR, Mendham, Mendham, NJ

Bulger, Molly , JR, Keene HS, Keene, NH
Caldwell, Heidi , JR, Hanover HS, Hanover, NH
Christiansen, Jacy , SO, Mascenic Regional, New Ipswich, NH
Emerson, Connie , JR, Hanover HS, Hanover, NH
Lai, Peggy , JR, Milford HS, Milford, NH
Rodriguez, Grace , SR, Hanover HS, Hanover, NH
Schneider, Rachel , SR, St. Thomas HS, Dover, NH
Shonbeck, Christina , JR, Con-Val Regional, Peterborough, NH
Smith, Kelsey , SO, Exeter HS, Exeter, NH
Tevnan, Brianna , SO, Merrimack Valley HS, Penacook, NH
Twombly, Anne , JR, Exeter HS, Exeter, NH
Vailas, Arianna , JR, Central HS, Manchester, NH

Anderson, Emily, FR, Middlebury, Middlebury, VT
Christian, Maddy, SR, CVU, Hinesburg, VT
Evans, Chelsea, SO, U-32, Montpelier, VT
Frisbie, Danika, SR, CVU, Hinesburg, VT
Gray, Haley, SR, St. Johnsbury, St. Johnsbury, VT
Guthrie, Anna, SR, Essex, Essex Jct. VT
Hulburd, Emma, SR, Rice, Burlington, VT
McFadden, Nora, SO, CVU, Hinesburg, VT
Rowe, Hannah, JR, St. Johnsbury, St. Johnsbury, VT

Anderson, Leigha, So., Cumberland Valley HS, Mechanicsburg, PA
Balouris, Elaina, Jr., Hampton HS, Allison Park, PA
Bower, Natalie, Sr., Greater Latrobe HS, Latrobe, PA
Cygan, Jessica, So., Liberty HS, Bethlehem, PA
Diacont, Margaret, Sr., Nazareth HS, Nazareth, PA
Faust, Amanda, Jr., Emmaus HS, Emmaus, PA
Gigliotti, Jenna, Jr., Norwin HS, N.Huntingdon, PA
Gorman, Katie, Sr., Plymouth-Whitemarsh HS, Conshohocken, PA
Graybill, Lindsey, Sr., Emmaus HS, Emmaus, PA
Jenkins, Jordan, Sr., New Oxford HS, New Oxford, PA
Kovach, Leslie, Sr., Norwin HS, N.Huntingdon, PA
Martin, Emily, Jr., Garden Spot HS, New Holland, PA
Rheiner, Lindsay, So., Council Rock North HS, Newtown, PA

Simpson, Elizabeth, Jr., Boyertown HS, Boyertown, PA
Sumney, Chelsea, Sr., Trinity HS, Camp Hill, PA
Zarger, Lauren, Sr., Harbor Creek HS, Harborcreek, PA
Ziemian, Sophia, Sr., Lewisburg HS, Lewisburg, PA

Girls South

(AR, LA, MS, OK, TX)

- | | |
|------------------------------|---|
| 1.The Woodlands (TX) [1] | Wins State 5A by 24 points with all 5 scorers in top 30 |
| 2.Cinco Ranch (TX) [5] | 2 nd in State 5A |
| 3.Kingwood Park (TX) [3] | Wins State 4A by 60 with 7-second spread, 3 rd in merged scoring |
| 4.Southlake Carroll (TX) [4] | 3 rd in State 5A |
| 5.Plano West (TX) [6] | 4 th in State 5A |
| 6.Kingwood (TX) [2] | 5 th in State 5A |
| 7.Clear Lake (TX) [9] | 6 th in State 5A |
| 8.Belton (TX) [8] | 7 th in State 5A |
| 9.Decatur (TX) [NR] | Wins State 3A by 55 points, 9 th in merge |
| 10.College Park (TX) [7] | 8 th in State 5A |

Cut: Vista Ridge (TX) [10]

Bubble teams alphabetically: A&M Consolidated (TX), Bentonville (AR), Boswell (TX), Coppell (TX), Edmond No (OK), Flower Mound (TX), Hereford (TX), Jenks (OK), Lafayette (LA), Plainview (OK), Seven Lakes (TX), St. Joseph's (LA), Tupelo (MS), Vista Ridge (TX), Westmoore (OK)

South Girls to Watch

Bloom, MacKenzie, 12, Bentonville, Bentonville, AR
Canady, Tai, 12, Morrilton, Morrilton, AR
Dalton, Katie, 12, Bentonville, Bentonville, AR
David, Dani, 10, Heritage, Rogers, AR
Efurd, Courtney, 12, Rogers, Rogers, AR
Heymsfield, Grace, 11, Elkins, Elkins, AR
Meinzer, Natalie, 9, Batesville, Batesville, AR
Myers, Ashley, 10, Van Buren, Van Buren, AR
Nehus, Kayla, 11, Mount St Mary, Little Rock, AR
Reina, Valerie, 9, Har-Ber, Springdale, AR
Setzler, Erika, 11, Conway, Conway, AR

Blubaugh, Rebecca, 11, Airline, Bossier City, LA
Becerra, Jordyn, 10, St Thomas Aquinas, Hammond, LA
Cali, Malia, 11, St Thomas Aquinas, Hammond, LA
Deeble, Amy, 11, Fontainebleau, Mandeville, LA
Fitzhenry, Heather, 12, Our Lady, Marrero, LA
Flattmann, Kaitlin, 10, Benton, Benton, LA
Laborde, Angela, 11, St Scholastica, Covington, LA
Manuel, Elizabeth, 9, Mandeville, Mandeville, LA
Murphy, Danielle, 10, St Thomas More, Lafayette, LA
Passman, Morgan, 10, Mt Carmel, New Orleans, LA
TerHaar, Abby, 10, Episcopal, Baton Rouge, LA

Bodin, Katie, 9, St Patrick, Biloxi, MS
Brown, Haley, 11, Pearl, Pearl, MS
Hagenson, Stacey, 11, Poplarville, Poplarville, MS
Hunt, Kaleigh, 10, Pearl, Pearl, MS
McFerrin, Maggie, 12, Tupelo, Tupelo, MS
McGee, Cory, 11, Pass Christian, Pass Christian, MS
Rey, Taylor, 9, Ocean Spring, Ocean Spring, MS
Steinman, Kat, 10, Tupelo, Tupelo, MS
Swims, Latifa, 10, J Z George, North Carrollton, MS
Will, Katlyn, 12, Corinth, Corinth, MS

Barnes, Paige, 9, Union, Tulsa, OK
Cherry, Katelin, 12, Westmoore, Oklahoma City, OK
Davis, Jori, 11, Piedmont, Piedmont, OK
Dougherty, Christi, 9, Coweta, Coweta, OK
Grandstaff, Kati, 10, Seminole, Seminole, OK
Guthrie, Bri, 9, McGuinness, Oklahoma City, OK
Lewis, Andrea, 12, Bishop Kelley, Tulsa, OK
McCarthy, Amy, 12, Jenks, Jenks, OK
McGee, Danae, 9, Stroud, Stroud, OK
Moore, Kelsey, 11, Madill, Madill, OK
Webb, Ashley, 11, Edmond North, Edmond, OK

Andrews, Sarah, 11, Woodlands, The Woodlands, TX
Belvis, Bailey, 12, Prosper, Prosper, TX
Escobar, Maggie, 9, Boswell, Ft Worth, TX
Flores, Ashley, 11, Haltom, Haltom City, TX
Harris, Colbea, 11, Argyle, Argyle, TX
Isham, Ashley, 11, Vista Ridge, Cedar Park, TX
Kitts, Carly, 10, Midlothian, Midlothian, TX
Nielson, Aly, 10, Heritage, Colleyville, TX
Russell, Amanda, 11, Vista Ridge, Cedar Park, TX
Smith, Lauren, 12, Brazoswood, Clute, TX
Sveinsson, Chelsey, 10, Greenhill, Addison, TX
Terry, Tricia, 12, Memorial, McAllen, TX
Tindell, Regan, 11, Belton, Belton, TX
Upshaw, Tara, 12, Carroll, Southlake, TX
Ellis, Jourdan, 11, Abilene, Abilene, TX

Girls Southeast

(AL, DE, FL, GA, KY, MD, NC, SC, TN, VA, WV)

1. Tatnall (DE) [1] Previously won State Div II, NXN Southeast Regional on Sat
2. Collins Hill (GA) [2] Previously won State 5A
3. Mountain Brook (AL) [3] Previously won State 6A
4. Midlothian (VA) [4] Previously won State 4A

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|--------------------------------|--|
| 5. Blacksburg (VA) [5] | Previously won State 2A |
| 6. Hidden Valley (VA) [6] | Previously 2 nd on tie-breaker in State 2A |
| 7. Chiles (FL) [9] | Sweeps top 5 with 14-second spread in regional, state meet Sat |
| 8. Maggie Walker (VA) [7] | Previously 2 nd in State 3A |
| 9. Jefferson Sci/Tech (VA) [8] | Previously 3 rd in State 3A |
| 10. No. Gwinnett (GA) [BT] | Previously 2 nd to Collins Hill in State 5A |

Bubble teams alphabetically: Alpharetta (GA), Assumption (KY), Bartram Trail (FL), Bishop O'Connell (VA), Bishop Kenny (FL), Bolles (FL), Brentsville (VA), Chiles (FL), Community of Naples (FL), C.M. Wright (MD), Dunbar (KY), East Chapel Hill (NC), Green Hope (NC), Hilton Head (SC), Hurricane (WV), Lake Braddock (VA), Lourdes (FL), Marist (GA), Millbrook (VA), Myers Park (NC), Oak Ridge (TN), Oakton (VA), Ocean Lakes (VA), Padua (DE), Roberson (NC), Robinson (VA), Roosevelt (MD), Sacred Heart (KY), Science Hill (TN), Scottsboro (AL), University (WV), Watauga (NC), Winter Park (FL)

Southeast Girls to Watch

Boozer, Leslie, SR, Mtn Brook, Birmingham, AL, 2nd at Hoover in 19:22
 Chitwood, Caitlin, SR, Scottsboro, Scottsboro, AL, 3rd at Hoover in 19:35
 Demedicis, Marie, SO, Mtn Brook, Birmingham, AL, Idle this week
 Denton, Elsbeth, SR, Vestavia Hills, Birmingham, AL, Idle this week
 Diethelm, Catherine, SO, Mtn Brook, Birmingham, AL, 5th at Hoover
 Harkness, Margaret, JR, St. Paul's, Mobile, AL, wins her flight at McGill Relays
 Huston, Katie, JR, Sparkman, Huntsville, AL,
 Morgan, Madeline, SR, Mtn. Brook, Birmingham, AL, Wins Hoover in 18:35
 Poole, Adriana, SR, Sparkman, Huntsville, AL,
 Rickard, Maggie, JR, Montgomery Acad., Montgomery, AL, Idle this week

Brasovan, Ashley, SR, Wellington, Palm Beach, FL, Rested and trained this week.
 Carpio, Nicole, FR, Westminster, Miami, FL, Rested and trained this week.
 Fluehr, Erika, SO, Community School of Naples, Naples, FL, Rested and trained this week.
 Fluehr, Kathryn, SO, Community School of Naples, Naples, FL, Rested and trained this week.
 Hale, Kayla, SR, Holy Trinity, Melbourne, FL, Won the Holy Trinity Fall Classic in 18:11
 Koziara, Brittany, SR, Boone, Orlando, FL, Rested and trained this week.
 Shappert, Stephanie, SO, Pope John Paul II, Palm Beach, FL, Won the PBCAC South/Boca City meet in 18:03, 2:25 ahead of the second runner.
 Stern, Jessica, SR, Satellite, Satellite, FL, Rested and trained this week.

Bottorff, Juliet, SR., Tatnall, Wilmington, DE, 1st New Castle County Meet(18:26)
 Buenaga, Katie, SR., Tatnall, Wilmington, DE, 3rd New Castle County Meet(18:47)
 Fehr, Kallie, JR., Tatnall, Wilmington, DE, 4th New Castle County Meet(18:50)
 Pierce, Haley, FR., Tatnall, Wilmington, DE, 2nd New Castle County Meet(18:44)
 Smith, Meghan, SR., Padua, Wilmington, DE, 5th New Castle County Meet(19:03)

Akande, Nicky, JR, Collins Hill, Suwanee, GA, Region 7-AAAAA Runner-up in PR of 17:57
 Marshall, Sydney, JR, Chattahoochee, ?, 4th in Region 7-AAAAA in 18:14
 Schiach, Allie, SO, South Forsyth, Cumming, GA, 5th in Region 7-AAAAA in 18:21
 Winslow, Amanda, SR, Collins Hill High School, Suwanee, GA, won Region 7-AAAAA in course record 17:30 5k
 Winslow, Vicky, SO, Collins Hill High School, Suwanee, GA, 3rd in Region 7-AAAAA in PR of 18:11

Brink, Emma , SO, Sacred Heart, Louisville, KY
Frigo, Maria , St. Henry, Erlanger, KY
Gonzales, Gabby, SO, Ryle, Union, KY
Mattingly, Maggie , JR, John Hardin, Elizabethtown, KY
McAtee, Emme , SR, Sacred Heart, Louisville, KY
Miller, Elizabeth, SR, Daviess County, Owensboro, KY
Ostrem, Tenny, SR, Powell County, Stanton, KY
Rielsing, Allison, JR, Assumption, Louisville, KY
Snapp, Kaitlin, FR, Danville, Danville, KY

Asher, Chinyelu, SO, Academy of the Holy Cross, Kensington, MD
Barbash, Shayna, JR, Walt Whitman High School, Bethesda, MD
Bosse, Anna, SO, Walter Johnson High School, Bethesda, MD
Echerstrom, Britt, SO, Northwest High School, Germantown, MD
Fikri, Maryam, JR, Winston Churchill High School, Potomac, MD
Fisher, Sara, SR, Brunswick High School, Brunswick, MD
Giedd, Alex, JR, Winston Churchill High School, Potomac, MD
Henshaw, Alyssa, JR, Northwest High School, Germantown, MD
Johnson, Amirah, SO, Eleanor Roosevelt, Greenbelt, MD
Linde, Maura, SO, Century High School, Sykesville, MD
Moores, Aimee, SR, Quince Orchard High School, North Potomac, MD
Rivers, Teshika, SR, Eleanor Roosevelt, Greenbelt, MD
Rubin, Jessie, JR, Thomas S Wooten High School, Rockville, MD
Ryba, Anna, FR, Walt Whitman High School, Bethesda, MD
Schott, Megan, SO, North Harford High School, Pylesville, MD

Baskir, Carolyn, JR, East Chapel Hill, Chapel Hill, NC
George, Samantha, FR, Millbrook, Raleigh, NC
Rossabi, Jessica, FR, Green Hope, Cary, NC
Spano, Kimberly, SR, North Meck. Charlotte, NC
Williams, Timmons, JR, Broughton, Raleigh, NC

Borowicz, Kate, SR, JL Mann HS, Greenville, SC, 19:06 to finish 3rd in the AAA upper-state qualifying.
Haughey, Sinead, Soph, Daniel HS, Six Mile, SC, 18:56 to finish 2nd in the AAA upper-state qualifying.
Henderson, Sierra, SR, Ridge View HS, Columbia, SC, 19:09 to finish 2nd at the AAAA Mid-State Qualifying meet.
Hodges, Raheema, SR, Irmo HS, Irmo, SC, 19:20 to finish 3rd at the AAAA Mid State Qualifying meet.
Jackson, Tamecka, FR, Seneca HS, Seneca, PR 18:26, won the AAA Upper-state qualifying meet in 18:49
Manesiotis, Sara, Soph, Hilton Head HS, Hilton Head, SC, Won the lower-state AAA qualifying meet with a time of 18:59.
Neiling, Alex, JR, Mauldin HS, Mauldin HS, SC, 19:17 to finish 2nd at the AAA upper-state qualifying.
Robinson, Hannah, SR, Rock Hill HS, Rock Hill, SC, Won the AAAA mid-state qualifying in 18:47
Truman, Sarah, SR, Blue Ridge HS, Greenville, SC, Ran 19:16 to finish 4th in the Upper-State AAA meet

Duble, Jessica, SR, Chattanooga Christian, Chattanooga, TN
Gartman, Johanna, SO, CSTHEA (Home School)
Hazelhurst, Audrey, SO, University School of Jackson, Jackson, TN
Jumper, Hannah, SO, The Baylor School, Chattanooga, TN

Kroger, Kathy, SR, Independence High School, Thompson's Station, TN
Kulesz, Melanie, SR - Oak Ridge High School, Oak Ridge, TN
Newby, Alex, JR - Farragut High School, Knoxville, TN
Nobert, Kacey, SO, St. Agnes School, Memphis, TN
Pitcock, Jacquelin, JR, Bradley Central High School, Cleveland, TN
Scalf, Allie, SR, Science Hill High School, Johnson City, TN
Turner, Claire, JR, Red Bank High School, Chattanooga, TN
Zimmerman, Amber, JR - Webb School, Knoxville, TN

Lautzenheiser, Kathleen, JR, Midlothian, Midlothian, VA, 18:04 5K at Dominion District Meet (Pocahontas State Park)
Marsico, Megan, JR, Glenvar, Salem, VA, 16:41 3mi at Three Rivers District Meet (Giles County HS)
Nobles, Stacey, SR, Ocean Lakes, VA Beach, VA, 18:34 5K at Beach District Meet (Sportsplex)
Strehler, Barbara, SR, Trinity, Richmond, VA, 17:39 5K at Norfolk Academy Meet
Wilson, Anneka, JR, The Potomac School, McLean, VA, 17:44 5K at ISL Championships (Georgetown Prep)

Dent, Alex, JR, Hurricane, Hurricane, WV
Kasprowicz, Ari, SR, Preston, Kingwood, WV
Pettit, Allison, SR, Morgantown, Morgantown, WV
Propst, Letitia, SO, Elkins, Elkins, WV
Sall, Andrea, SR, Parkersburg, Parkersburg, WV
Yeager, Courtney, SR, Wheeling Park, Wheeling, WV

Girls Midwest

(IL, IN, OH, MI, MO)

- | | |
|----------------------------------|---|
| 1. Geneva (IL) [1] | Wins NXN Midwest Regional by 15 points |
| 2. Magnificat (OH) [3] | 2 nd in Midwest Regional |
| 3. Carmel (IN) [2] | Close 3 rd in Midwest Regional |
| 4. Hinsdale Central (IL) [5] | 4 th in Midwest Regional |
| 5. Lee's Summit West (MO) [4] | 5 th in Midwest Regional |
| 6. Cayuga Valley Christ (OH) [6] | Previously won State Div II |
| 7. Traverse City Cent (MI) [7] | Previously won State Div I |
| 8. St. Charles East (IL) [9] | Previously 3 rd in State 3A |
| 9. Naperville No (IL) [10] | Previously 4 th in State 3A |
| 10. Lake Central (IN) [8] | 6 th in Midwest Regional |

Bubble teams alphabetically: Cape Girardeau (MO), Columbus North (IN), East Kentwood (MI), East Grand Rapids (MI), Fort Wayne Carroll (IN), Franklin Central (IN), Grand Haven (MI), Hoover (OH), Jefferson City (MO), Kickapoo (MO), Lyons Township (IL), Minster (OH), Oak Hills (OH), Palatine (IL), Prospect (IL), Rockford (MI), Saline (MI), Sandburg (IL), Schaumburg (IL), Springboro (OH), St. Ursula (OH), Upper Arlington (OH), Valparaiso (IN), Westfield (IN), West Plains (MO), York (IL)

Midwest Girls to Watch

Flanagan, Lindsey, Sr. Roselle, Lake Park, IL
Gillespie, Katie, Stow, OH
Morgan, Stephanie, Barnesville, OH
Neczypor, Hannah, Royalton, OH

Yohe, Megan, Liberty, MO

Girls Heartland

(IA, KS, MN, NE, ND, SD, WI)

- | | |
|----------------------------------|--|
| 1.Eden Prairie (MN) [2] | Wins NXN Heartland Regional by 51 points |
| 2.Sioux Falls Roosevelt (SD) [1] | 2 nd in Heartland Regional |
| 3.Dowling Catholic (IA) [3] | 3 rd in Heartland Regional, 2 points out of 2 nd |
| 4.Bismarck (ND) [8] | 4 th in Heartland Regional, 1 point out of 3 rd |
| 5.Lakeville North (MN) [4] | Previously 2 nd in State 2A |
| 6.Whitefish Bay (WI) [6] | Previously won State Div I |
| 7.Iowa City West (IA) [7] | 5 th in Heartland Regional |
| 8.Iowa City High (IA) [5] | 6 th in Heartland Regional, 2 points behind rival West |
| 9.Minot (ND) [NR] | 7 th in Heartland Regional |
| 10.Derby (KS) [9] | Previously won State 6A |

Cut: Manhattan (KS) [10]

Bubble teams alphabetically: Aberdeen (SD), Fargo South (ND), Janesville Craig (WI), Johnston (IA), Lawrence Free State (KS), Manhattan (KS), Minnetonka (MN), Moorhead (MN), Norfolk (NE), Olathe East (KS), Olathe South (KS), Onalaska (WI), Pewaukee (WI), Scottsbluff (NE), Shawnee Mission So (KS), Woodbury (MN), Yankton (SD)

Heartland Girls to Watch

Budd, Kelli, SR, Omaha Marian HS, Omaha, NE
Decker, Ashley, JR, Dowling, Des Moines, IA
Flood, Katie, JR, Dowling, Des Moines, IA
Piepenburg, Jamie, Fr, Alexandria, Alexandria, MN
Wahlund, Brecca, So, Minot High, Minot, ND

Girls Southwest

(AZ, CO, NV, NM, UT, NM)

- | | |
|----------------------------|--|
| 1.Classical (CO) [1] | Previously won State 3A, NXN Southwest Regional on Sat |
| 2.Fort Collins (CO) [2] | Previously won State 5A |
| 3.Davis (UT) [3] | Previously won State 5A |
| 4.Mountain Crest (4) | Previously won State 4A |
| 5.Park City (UT) [5] | Previously won State 3A |
| 6.Rio Rancho (NM) [6] | Previously won State 5A |
| 7.Xavier Prep (AZ) [7] | Previously won State 5A-I |
| 8.O'Connor (AZ) [8] | Previously won State 4A-I |
| 9.Highlands Ranch (CO) [9] | Previously 2 nd in State 5A |
| 10.Cherry Creek (CO) [10] | Previously 3 rd in State 5A |

Bubble teams alphabetically: Alamosa (CO), Albuquerque Acad (NM), Boulder (CO), Cheyenne Central (WY), Cheyenne Mountain (CO), Coronado (NV), Dakota Ridge (CO), Flagstaff (AZ), Galena (NV), Gallup (NM), Ironwood Ridge (AZ), Jordan (UT), La Cueva (NM), Mountain View (UT), Mountain View Mesa (AZ), Palmer (CO), Saguaro (AZ), South Tahoe (NV), St. Pius (NM), Thompson Valley (CO)

Southwest Girls to Watch

Bedrick, Bronwyn, SR, Sandia Prep, Albuquerque, NM
Campos, Jackie, SR, Santa Teresa, Santa Teresa, NM

Castillo, Brittany, SR, Carlsbad, Carlsbad, NM
Castillo, Brandy, SR, Carlsbad, Carlsbad, NM
Firebaugh, Erika, JR, La Cueva, Albuquerque, NM
Foster, Julia, SO, Academy, Albuquerque, NM
Hannah, Kristy, JR, Eldorado, Albuquerque, NM
Milne, Clara, JR, Academy, Albuquerque, NM
Norskog, Kate, SO, St. Michael's, Santa Fe, NM
Pecos, Marlinda, JR, Santa Fe Indian School, Santa Fe, NM

Benzel, Miranda , 12, Ft. Collins, Ft. Collins, CO
Berggren, Sam , 10, Middle Park, Granby, CO
Fulton, Eleanor , 10, Highlands Ranch, Highlands Ranch, CO
Gallagher, Claire, 11, Cherry Creek, Greenwood Village, CO
Hannenburg, Kaitlin , 11, The Classical Academy, Colorado Springs, CO
Lakowske, Kelsey , 10, Boulder, Boulder, CO
McLaughlin, Allie, 12, Air Academy, Colorado Springs, CO
Nelson, Alicia, 12, Moffat County, Craig, CO
Rogers , Natosha , 12, Dakota Ridge, Littleton, CO
Slavoski, Kara, 11, St. Mary's High School, Colorado Springs, CO
Stableford, Shelby, 9, The Classical Academy, Colorado Springs, CO
Tremblay, Laura, 12, Thompson Valley, Loveland, CO
Vanata, Kaitie , 12, Dakota Ridge, Littleton, CO

Carrell, Katie, SR, Arbor View, Las Vegas, NV
Fisher , Rebecca, JR, North Valleys, Reno, NV
Hollett, Yvonne, JR, Carson, Carson City, NV
Kirsch, Demery, JR, Reno, Reno, NV
Laurent, Michaelanne, SR, Coronado, Henderson, NV
Leedy, Leah, SR, Foothill, Henderson, NV
MacIntire, Shelby, FR, South Tahoe, South Tahoe, CA
Knight, Madison, SO, Galena, Reno, NV
Smith, Kelsey, JR, South Tahoe, South Tahoe, CA
Vazquez, Elisa, JR, Clark, Las Vegas, NV

Bawden, Ann, Senior, Highland, Gilbert, AZ
Bristow , Aeoleone, Sophomore, Rio Rico, Rio Rico, AZ
Brown, Carolyn, Senior, Saguaro, Scottsdale, AZ
Cole, Taylor, Junior, Hamilton, Chandler, AZ
Howard , Kat, Senior, Ironwood Ridge, Oro Valley, AZ
Jumbo, Rolonda , Freshman, Chinle, Chinle, AZ
Kieser , Kylee, Sophomore, Casa Grande Union, Casa Grande, AZ
Miville , Sarah, Sophomore, Ironwood Ridge, Oro Valley, AZ
Rydberg , Jessica, Senior, Blue Ridge, Lakeside, AZ
Tonn , Jessica, Junior, Xavier College Preparatory, Phoenix, AZ

Carpenter, Lela, Jr, Sheridan High, Sheridan, WY

LeMaster, Jessica, So, Central High, Cheyenne, WY
Morin, Dana, Jr, Sheridan High, Sheridan, WY
Peterson, Nicole, Jr, Rock Springs High, Rock Springs, WY
Schiel, Christie, Fr, Central High, Cheyenne, WY

Eddy, Candace, Sr, Davis, Layton, UT
Headquist, Megan, Sr, Layton, Layton, UT
Hodson, Brook, Sr, Timpanogos, Orem, UT
Kipp, Shalaya, Sr, Skyline, Highland, UT
Menlove, Danielle, Fr., Jordan, Sandy, UT

Girls Northwest

(AK, HI, ID, MT, OR, WA)

- | | |
|---------------------------|--|
| 1.Jesuit (OR) [1] | Wins NXN Northwest Regional by 63 points |
| 2.Eastlake (WA) [2] | 2 nd in Northwest Regional |
| 3.Gig Harbor (WA) [3] | 3 rd in Northwest Regional |
| 4.Bozeman (MT) [4] | Previously won state 2A |
| 5.St. Mary's (OR) [10] | Defending champ runs best race of season for 4 th in Northwest Regional |
| 6.Summit (OR) [5] | 5 th in Northwest Regional without top runner |
| 7.Sehome (WA) [6] | Previously won State 2A |
| 8.Mountain View (ID) [BT] | 6 th in Northwest Regional |
| 9.Preston (ID) [BT] | 7 th in Northwest Regional |
| 10.Mercer Island (WA) [7] | Previously won State 3A |

Cut: Cedarcrest (WA) [8], Seattle Prep (WA) [9]

Bubble teams alphabetically: Anchorage West (AK), Billings Sr (MT), Bishop Kelly (ID), Cedarcrest (WA), Central Valley (WA), Crater (OR), Kuna (ID), Millilani (HI), Pendleton (OR), Punahou (HI), Seattle Prep (WA), South Eugene (OR), South Medford (OR), Stanwood (WA), Tahoma (WA)

Northwest Girls to Watch

Andrews, Alyssa, Fr., Gig Harbor
Brandon, Liz, 10, ID
Francis, Leah, Jr, Juneau Douglas, Juneau, AK
Martinez, Sandra, Fr., Davis, Yakima, WA
Nielsen, Nicole, Fr, Borah, Boise, ID
Parker, Carey, Fr., Montlake

Girls CA

- | | |
|------------------------|---|
| 1.Saugus [1] | Runs split squad and still wins handily in So Sect D 2 prelims at Mt. SAC |
| 2.Dana Hills [2] | Wins race in fastest D 1 time in So Sect prelims on shortened course |
| 3.Torrey Pines [3] | Scores 33 points to win Avocado Lg Finals by over 3 minutes in 2.75-miler |
| 4.Trabuco Hills [4] | Wins So Sect D 1 prelims heat by 14 points to easily advance to section finals |
| 5.Crescenta Valley [5] | Heat winner by 25 points in So Sect D 1 prelims |
| 6.Mountain View [6] | Runs fastest (96:11) time among 62 teams in Cent Coast Finals on 3.05-mile course |
| 7.Great Oak [8] | Takes 2 nd in So Sect D 1 prelims at Mt. SAC |
| 8.Chino Hills [9] | Takes 2 nd to Crescenta Valley in So Sect D 1 prelims race |
| 9.Redlands [10] | Takes 2 nd to Dana Hills in So Sect D 1 prelims race |

10.Mira Costa [BT]

Race winner by 51 points in So Sect D 2 prelims race at Mt. SAC

Cut: Oak Ridge [7]

Bubble teams alphabetically: Aptos, Buchanan, Canyon-Anaheim, Carondelet, Castro Valley, Chaparral, Corona del Mar, Davis, El Toro, Esperanza, La Reina, Livermore, Murrieta Valley, Oak Ridge, Orange Lutheran, Rancho Bernardo, San Clemente, St. Ignatius, St. Mary's-Berkeley, Sultana, Vista Murrieta, Woodcreek

CA Girls to Watch

Adams, Jennifer, 11, Esperanza, Anaheim, CA
Apgar, Christine, 12, Lincoln, San Diego, CA
Balbier, Hillary, 12, Dana Hills, Dana Point, CA
Bergman, Kaylin, 12, Valley Christian, San Jose, CA
Billmeyer, Liberty, 10, Torrey Pines, San Diego, CA
Dunne, Jordan, 12, San Clemente, San Clemente, CA
Fedronic, Justine, 12, Carlmont, Belmont, CA
Ferrante, Elizabeth, 11, Aptos, Aptos, CA
Grabill, Alex, 10, Rancho Bernardo, San Diego, CA
Hayes, Sammy, 12, Edison, Huntington Beach, CA
Jauregui, Molly, 12, Saugus, Santa Clarita, CA
Lillig, Jacque, 11, CA, San Ramon, CA
Lopez, Rebecca, 12, Sacred Heart, Sacred Heart, CA
Mahoney, Briana, 10, Saugus, Santa Clarita, CA
Malone, Maria, 12, Folsom, Folsom, CA
Mehra, Alli, 9, Palos Verdes, Palos Verdes Estates, CA
Miller, Anne, 11, Simi Valley, Simi Valley, CA
Morgan, Melissa, 11, Torrey Pines, San Diego, CA
Parry, Marissa, 10, Dana Hills, Dana Point, CA
Randall, Colleen, 12, Saugus, Santa Clarita, CA
Silva, Sierra, 12, Our Lady of Peace, San Diego, CA
Skiba, Kristin, 11, Oak Park, Oak Park, CA
Taylor, Heather, 11, Casa Grande, Petaluma, CA
Vega, Megan, 11, Foothill, Santa Ana, CA

