

January 8, 2008

Coach

Attached is this year's packet regarding the Chandler Rotary Track invitational, hosted by Chandler High School and the Chandler Rotary Service Club. This year we are still trying to upgrade our meet and look to do it in the following areas.

- **Awards:** We are looking to expand the Saturday awards. Instead of medals for third through fifth, we are going to try to give bags with the Chandler Rotary logo. In addition, since there have been multiple event winners we will give the choice of award to first place, then second place etc. This way an individual doesn't end up with three watches. Awards MUST be picked up right after the event.
- **Coaches Luncheon:** We are trying to upgrade the lunch this year. I will need to know the number of coaches that each team will be bringing.
- Last year on Friday night, I believe that every athlete who was in attendance participated in the meet. We also had an unbelievable amount of open lanes. Please try to enter those you know will be in attendance. I also will need to know if your team will attend Friday only, Saturday only, or both days.
- **Parking on Friday:** School will be in session this year on Friday. Therefore parking till 2:30 will be extremely tight. Busses should park on Oakland Street. There are the old tennis courts (off of Oakland) that will park about 100 cars. The parking lot right behind the east stands is off limits. The senior and faculty parking lot (500 spaces) will be available after 2:30.
- **Hotels:** If you are in need of hotels there are quite a few in the Chandler area. However, you should book as early as possible as March is the busiest season for Phoenix Hotels. The Inn Suites of Tempe and Phoenix will book rooms for out of area teams. Call Larry Leshner to block rooms. The rooms come with a full cooked breakfast. You need to contact him as soon as possible at (480) 897-7900 *436. The hotel will take School Purchase Orders.

If you could please email me at Shapiro.dave@chandler.k12.az.us and tell me if your school will be attending the meet this year.

68th ANNUAL CHANDLER ROTARY INVITATIONAL
TRACK AND FIELD MEET
FRIDAY & SATURDAY, MARCH 28 & 29, 2008
CHANDLER, ARIZONA

WELCOME TO THE 68th ANNUAL ROTARY INVITATIONAL TRACK AND FIELD MEET. THIS YEARS MEET WILL BE HELD ON THE 28th AND 29th DAY OF MARCH, 2008. TO BE HELD AT AUSTIN FIELD, ON THE CAMPUS OF CHANDLER HIGH SCHOOL.

MEET DIRECTOR

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FORMAT:

Friday night will be contested solely for times and medals. Each heat and flight will be grouped by times and every heat/flight will medal the top finishers. Friday session will be referred to as the Open Session. Saturday session will be referred to as the seeded session. This session will be contested for points, awards and team trophies. It is possible for an athlete to compete in the Friday session in one event, and compete Saturday in a different event.

NUMBER OF ENTRIES PER SCHOOL

Each school will be allowed two (2) entrees in each individual event. **A third entry will be allowed if the entry exceeds the established qualifying standard.** Forty-Eight entries **Plus the Top six (6) Alternates** with the best qualifying times will be seeded into the seeded Invitational in the hurdles, 100, 200, and 400-meter dashes. In addition, only the top fifty-six (56) entries will be accepted for the 800, and top (44) entries 1600 & 3200 meter run. Each school will be allowed one entry in each of the relays. Only three heats of the 1600 relay will be contested Saturday night. Four Heats of the 400 Meter Relay will be contested. Note we will attempt to post lane assignments on the Arizona Track Coaches web site. These will be preliminary and might not be the final draw. Official lane assignments and positions will be handed out at the coaches meeting on Saturday morning.

ENTRY DEADLINE

All entries will be completed by the coach using Direct Athletics. Deadline will be Sunday, March 23, 2008, by 9:00am. This will allow for marks from the various invitationals to be used. **There will be no changes allowed to your entries after this date.** Please note in past years there were a lot of questionable entry times. You are to enter the season's best time for the individual, not what you are hoping they'll run at the end of the season.

ENTRY FEE

An entry fee of \$250.00 is requested for each school entering the Chandler Rotary Invitational seeded and open meet. An entry fee of \$150 is requested for those teams only entering one gender. There is a fee of \$50 for out of state teams or those in state teams that wish to only enter four individuals or less. Checks can be mailed to the school or brought with you to the meet. Please make every effort to take care of all paper work to ensure proper credit. Checks should be made out to Chandler Trackettes.

AWARDS SEEDED****

Special Rotary Invitational Awards will be awarded to the top five finishers (including relays). These will be awarded immediately after each race or event. Team trophies will be awarded to the top three boys and girls teams. An outstanding track and an outstanding field male and female athlete will receive an award as the Most Outstanding Performer of the meet. The first place finisher will have the first choice for the award, second will then pick till fifth place gets her/his award. This way in case someone is a multiple event winner they do not have to have two watches etc.

***** In the past the top two finishers were awarded watches, while 3rd through 5th received medals. I am currently working to upgrade this.*

AWARDS OPEN

Medals will be awarded to the top three finishers in each sprint and relay race. Drape Medals will be presented to the top five finishers in each flight of the field events and distance runs. These races will be seeded straight by time. The fastest eight will be grouped followed by the next fastest eight etc. The distance runs and field events will be divided into two or three flights/heats (except the 3200m Run). No team points will be awarded from the open session, nor will team scores be kept in the open division.

ADMISSION CHARGE

Admission charge for the public will be \$5.00 for adults and \$2.00 for students with a school ID. Admission will be charged beginning with the qualifying races in the morning in the morning of Saturday and also for the open invitational on Friday.

FIRST AID

A trainer will be on site. The site for the training table will be located at the Northwest end of the field near the bull pen. The trainers are there for critical care-injuries. Please tape your own athletes.

SCORING:

Top eight places will score. Scoring will be 10-8-6-5-4-3-2-1 only athletes who are competing in the seeded invitational will count in the team scoring.

TRACK FACILITIES

The 400-meter track is an all weather surface and therefore will require soft-soled shoes with 1/4" spikes or less.

LANE ASSIGNMENTS

Lane assignments should be drawn and finished by Tuesday night, March 25 by the Meet Director. The entries in the 100, 200, 400, High Hurdles, and 300 Hurdles will be limited to the 48 (six heats) best times entered. The four fastest heat winners will be advanced to the finals plus the next four fastest times regardless of place, and will be placed in lanes according to their qualifying times. You may obtain a copy of lane assignments at the coaches meeting when you arrive. **Tentative** lane assignments should be posted by Wednesday morning at www.arizonatrack.com

Original entries will be replaced from the alternate list of the top six alternates at the staging area with the Clerk of the Course before the start of the race. Lane and heat assignments should not be changed from the original entries. Athletes can have other athletes check in with the clerk of the course if they are currently engaged in competition.

OLYMPIC START

In all Track events which require one or more laps, the box alley start will be used. The 200 meter dash will be run with a full turn. The 1600 Meter Relay will use the 3-turn stagger.

LAPPED RUNNERS 1600-3200

Any runner who is lapped could be required to withdraw from the race. The lapped runner shall leave to the inside of the track. Discretion as to the withdrawal of a runner, lapped by the lead runner in the last lap of the 3200 will be up to the Meet Director and Head Referee.

QUALIFYING MEET

The Chandler Rotary Invitational seeded and open invitational will be a certified meet for 2A-3A-4A-5A state meets. The past two years the Chandler Rotary also served as a qualifying meet for the state of New Mexico.

REPORT CALL AND STAGING AREA

Contestants will report to the Staging area when the announcer gives the report call. The call will be given at least 15 minutes before each event. At this time contestants will be given their hip lane numbers, open lanes will be filled in and instructions given by the Clerk of the Course. The starters will give no instructions. If a contestant fails to report at or by the last call they will be disqualified from that race. It is the coaches' responsibility for having their athletes in the staging area at the proper times. The staging area is the old tennis court located in the northwest corner of the facility.

TEAM AREAS

All team members; coaches and managers will stay in the stands or warm up areas. Officials only will be allowed on the field. Hurdles will be provided for warm ups. Each coach will be responsible for keeping his team members in the bleacher areas. Athletes may warm up on the new athletic fields located to the south of Austin Field. All field event competitors who have been eliminated from competition will also be asked to leave the field. Only current flights of shot put and discus throwers will be allowed on the field. **No team tents shall be set up in the east bleachers.** Please advise athletes that after they are done competing they need to exit the infield.

STARTING BLOCKS

Starting blocks will be furnished and set by Chandler High School. A competitor can provide his or her own blocks. Chandler High School will not be responsible for those blocks.

GAMES COMMITTEE

Games committee will be announced at the coaches meeting.

COACHES MEETING SATURDAY

There will be a coaches meeting and continental breakfast starting promptly at 8:30 am in the gym behind the East Bleachers. There will be no coaches meeting for Friday's session.

JEWELRY-TEAM UNIFORM RULE:

Reminder to check NFHS rule books in regards to team uniform rules. NO jewelry will be allowed as per rule.

ALL COMPETING ATHLETES:

All competitors will be issued a BIB number. These BIB numbers are for both days. An athlete having a BIB number for Friday night must bring it to Saturday's session. Remind athletes NOT to forget them from Friday to Saturday.

PACKET PICK UP FOR FRIDAY

Packets will be picked up upon arrival by the pass gate. Packets will include BIB numbers and lane assignments for Friday races. The BIB numbers are for both Friday and Saturday nights. Coaches passes will also be included.

ENTRY FORMAT:

Log onto www.directathletics.com and follow all instructions. Remember your password. You need to create your team roster first, before entering into events. Please enter year in school of your athlete.

Qualifying Standards for a third entry

Events	Boys Marks	Girls Mark
High Hurdles	15.5	16.3
100 Meter Dash	11.2	12.9
1600 Meter Run	4:43.0	5:40.0
400 Meter Dash	52.0	63.0
300 Hurdles	42.0	52.0
800 Meter Run	2:02.0	2:30.0
200 Meter Dash	22.9	26.9
3200 Meter Run	10:35.0	13:00.0
Long Jump	20' 6"	16' 0"
High Jump	6' 0"	5' 0"
Pole Vault	12' 6"	9' 6"
Triple Jump	42' 0"	34' 0"
Shot Put	45' 0"	33' 0"
Discus	135' 0"	95' 0"

FIELD EVENTS

SEEDED INVITATIONAL SATURDAY:

All field event competitors will need to check out with event judges prior to reporting for a running event. Athletes competing in a relay can report to the track. Keep in mind that it is the team's responsibility for following all NFHS rules, such as matching uniforms etc. In the Pole Vault this year there will be a coaches box on the infield. **This year anyone in the pole vault coaches box MUST show certificate of completion of the Pole Vault coaching class.** All pole-vaulters must have weight certification on file with the athletic director's office of their school. In addition all vaulters will be weighed and poles checked to see if they are of the proper weight usage. Coaches will only be allowed in the roped off area and can talk to athletes at that spot.

SHOT PUT AND DISCUS

Shot Put and Discus rings are concrete. In the seeded Invitational only Discus throws of 130 feet (boys); 90 feet (girls) will be marked. Only throws in the Shot Put of more than 45 feet (boys) and 30 feet (girls) will be measured. The top nine throwers will qualify for finals, where an additional three throws will be allowed.

Chandler High School will provide all of the throwing implements to be used in the Discus and Shot put competition. These implements will be kept on a rack and will be available to warm up with. **NO OTHER IMPLEMENT WILL BE USED IN COMPETITION.** If you have a special implement you may call the prior to the meet to petition its usage. It will be weighed and left on the rack for the entire competition and any athlete may use it.

POLE VAULT, LONG JUMP AND TRIPLE JUMP

The runways for long jump, triple jump, pole vault and high jump area are of all weather surface, therefore all jumping events will require soft-soled shoes or track shoes with 1/4 inch spike or less. Additionally Long jumps of less than 19- 6 and 15- 0 and triple jumps of less than 39-0 and 31- 0 will not be measured.

HIGH JUMP:

Starting height will for the boys will be 5' 10". The girls starting height will be 4' 10". The three alive method will be used.

OPEN INVITATIONAL FRIDAY:

SHOT PUT AND DISCUS

Shot Put and Discus rings are concrete. Discus throws of 100 feet (boys), 65 feet (girls) will be marked. In the shot put, throws of over 37 feet (boys) and 24 feet (girls) will be marked. Throwers will be given four throws with no finals. Medals will be presented to the top five individuals in each flight. Medals will be given to the individuals at the completion of each flight.

Chandler High School will provide all of the throwing implements to be used in the Discus and Shot put competition. These implements will be kept on a rack and will be available to warm up with. **NO OTHER IMPLEMENT WILL BE USED IN COMPETITION.** If you have a special implement you may call the prior to the meet to petition its usage. It will be weighed and left on the rack for the entire competition and any athlete may use it.

POLE VAULT, LONG JUMP AND TRIPLE JUMP

The runways for long jump, triple jump, pole vault and high jump area are of all weather surface, therefore all jumping events will require soft-soled shoes or track shoes with 1/4 inch spike or less. Long jumps of less than 18-0 (boys) and 14 feet (girls) and triple jumps of less than 33' (boys) and 25'(girls) will not be measured. There will be four (4) jumps with no finals. Medals will be given to the top five individuals in each flight. Medals will be given to individuals at the completion of each flight. Pole Vault opening heights will be 10' 6" for boys and 7' 0" for girls.

HIGH JUMP:

Starting height will for the boys will be 5' 6". The girls starting height will be 4' 6". The three alive method will be used.

Coaches Please email me at
Shapiro.dave@chandler.k12.az.us

The following information:

School Name. Are you coming or not coming.

Will your school compete Friday or Saturday or Both Days.

How many coaches are on your staff that will attend on Saturday.

TIME SCHEDULE OPEN INVITATIONAL FRIDAY MARCH 28

FINALS TIMES ARE A GUIDELINE. Heats are seeded straight by times. Fastest eight followed by the next fastest eight.

Medals to the top three individuals/Relay teams per heat.

RACES WILL BE RUN CONSECUTIVELY

Time	Event	Gender	FIELD EVENTS (No Finals)	
Heats			(weigh in for pole vault 90 minute prior to start time)	
2:00 pm	100M Hurdles	Girls	1:00	Boys High Jump Girls Pole Vault
	110M Hurdles	Boys		
3:30 pm	100M Dash	Girls	2:00	(2 sessions for these 4 events) Boys Discus Girls Shot Put Boys Triple Jump Girls Triple Jump
	100M Dash	Boys		
4:30 pm	1600M Heat I & II**	Girls	4:30#	(#provided opposite gender completed) Boys Pole Vault Girls High Jump
	1600M Heat I & II**	Boys		
4:40 pm	400M Relay Heat I	Girls	5:00#	(2 sessions for these 4 events) Boys Shot Girls Discus Boys Long Jump Girls Long Jump
	400M Relay Heat II	Boys		
6:00 pm	400M Relay Heat I	Girls	Starting Heights:	High Jump: 5' 6" Boys 4' 6" Girls Pole Vault 10' 6" Boys 7' 0" Girls
	400M Relay Heat II	Boys		
6:50 pm	400M Dash	Girls		
	400M Dash	Boys		
8:15 pm	300M Low Hurdles	Girls		
	300M Interm Hurdles	Boys		
6:00 pm	800M Run Heat I	Girls		
	800M Run Heat II	Boys		
6:50 pm	800M Run Heat III	Girls		
	800M Run Heat I	Boys		
6:50 pm	800M Run Heat II	Girls		
	800M Run Heat III	Boys		
6:50 pm	200M Dash	Girls		
	200M Dash	Boys		
8:15 pm	3200M Run** Heat I	Girls		
	3200M Run** Heat I	Boys		
8:15 pm	1600M Relay Heat I	Girls		
	1600M Relay Heat II	Boys		
8:15 pm	1600M Relay Heat I	Girls		
	1600M Relay Heat II	Boys		

**if entries dictate, an additional heat could be added.

TIME SCHEDULE SEEDED INVITATIONAL

SATURDAY

MARCH 29

8:30 Coaches Meeting, North Campus Cafeteria. This building is located east of the track.

PRELIMINARIES

Six Heats. Four fastest heat winners advance. Next four advanced based on time.

10:00 High Hurdles
100M Dash
400M Dash
300M Hurdles
200M Dash

FINALS TIMES ARE A GUIDELINE. RACES WILL BE RUN CONSECUTIVELY.

4:00 pm	4 x 800 Relays	Girls			
	4 x 800 Relay	Boys			FIELD EVENTS (Nine to All Finals)
5:15 pm	100M Hurdles	Girls			
	110M Hurdles	Boys			
	100M Dash	Girls	10:00- 1:00		Long Jump **** (Broken into 2 flights)
	100M Dash	Boys			Finals start immediately
5:45 pm	1600M Heat I & II	Girls			
	1600M Heat I & II	Boys			
6:15pm	400M Relay Heat I	Girls	10:30		Boys Discus Girls Shot Put Boys High Jump
	400M Relay Heat II				
	400M Relay Heat III				
	400M Relay Heat IV				
	400M Relay Heat I	Boys	1:30		Girls Pole Vault **weigh in at 11:30-
	400M Relay Heat II		12:30 pm		
	400M Relay Heat III				
	400M Relay Heat IV				
6:45 pm	400M Dash	Girls			
	400M Dash	Boys	3:00		Boys Shot Put Girls Discus Girls High Jump
	300M Int. Hurdles	Girls			
	300M Low Hurdles	Boys			
7:20 pm	800M Run Heat I	Girls			
	800M Run Heat II		3:00-5:30		Boys and Girls Triple Jump (Broken into 2 flights)
	800M Run Heat III				
	800M Run Heat I	Boys			
	800M Run Heat II		5:00		Boys Pole Vault **weigh in at 3:30-
	800M Run Heat III		4:00 pm		
7:50 pm	200M Dash	Girls			
	200M Dash	Boys			
	3200M Run Heat**	Girls			
	3200M Run Hear **	Boys			
8:30 pm	1600M Relay Heat I	Girls			Starting Heights:
	1600M Relay Heat II				High Jump: 5' 10" Boys
	1600M Relay Heat III				4'10" Girls
	1600M Relay Heat I	Boys			
	1600M Relay Heat II				Pole Vault 12' 0" Boys
	1600M Relay Heat III				8' 0" Girls

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ATHLETIC DIRECTOR COPY

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