

Paradise Valley Community College
ARIZONA PREP
THROWS QUADATHLON



Saturday, March 31 - 2007

7:30 – Registration 8:00 – Practice / Competition

ATHLETES NAME _____ SCHOOL _____ Grade _____

Coaches Name _____ Phone Number _____

Address _____ Fax Number _____

_____ Zip _____ E-Mail _____

APPLICATION FOR INVITATION

THROWS QUADATHLON

BOYS

GIRLS

Best Marks

2007 Track Season

_____ Shot Put

_____ Discus

_____ Javelin

_____ Hammer

Best Marks

2007 Track Season

_____ Shot Put

_____ Discus

_____ Javelin

_____ Hammer

Deadline – March 24

\$ 25 Entry Fee.

RETURN TO: (mail)

Arizona Multi-Events

3610 W. Sahuaro Dr.

Phoenix, AZ 85029

E-MAIL: covolz@cox.net

(TYPE ENTRY information in an attachment or note)

NOTE: Hammers and Javelins will be available at the meet site.

THROWS INSTRUCTION: Please contact Shawn Hanrahan at 480-258-8463 for instruction of the Hammer and Javelin. Also check www.eteamz.com/multi-events for time and location. **NO FEE** for instruction.

NOTE: The meet is sanctioned by USAT&F and will be governed by USAT&F rules.

ENTRY FEE: \$25.00

NO SCHOOL UNIFORMS!!!

Website: www.eteamz.com/multi-events