

2006

**BOYS AND GIRLS TRACK & FIELD STATE TOURNAMENT
RULES, REGULATIONS, INSTRUCTIONS**



Arizona Interscholastic Association, Inc.

7007 North 18th Street
Phoenix, Arizona 85020-5552

www.aiaonline.org

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1A Conference

North

Ash Fork
Beaver Dam
Fredonia
Grand Canyon
Joseph City
Mogollon
Music Mountain
Rock Point
Northland Prep
Seligman
Shonto
St. Michael

South

Ajo
Acad. Tucson
ASDB
Green Fields
Immaculate Heart
Lourdes Catholic
Patagonia
St Augustine
St. David
Tohono O'odham
Valley Union

West

Bagdad
Mayer
PDSB
Salome
Salt River
St. Paul's
Surrey Garden
Tempe Prep
Orme
Val. Lutheran
Verde Valley

East

Bowie
Cibicue
Clifton
Duncan
East Fork
Fort Thomas
Pima
San Simon
Superior

2A Conference

West

Antelope
Baboquivari
Gila Bend
Maricopa
San Pasqual
Tonapah
Yuma Catholic

East

Benson
Bisbee
Morenci
Thatcher
Tombstone
Willcox

Copper

Desert Christian
Pusch Ridge
St. Gregory
Florence
Hayden
Miami
Ray
San Carlos

2A Conference

(continued)

Metro

Arizona Lutheran
Bourgade Catholic
Franklin
Horizon Honors
NW Christian
Phoenix Christian
Phx Country Day
Precision
Scottsdale
Christian
Valley Christian
Valley Lutheran
Westwind Prep

North

Many Farms
Camp Verde
Pinon
Red Mesa
Rough Rock
St. Johns
Valley (Sanders)
Williams

3A Conference

West

Estrella Foothills
Chino Valley
Parker
River Valley
Sedona Red
Rock
Fountain Hills
Wickenburg

South

Coolidge
Empire
Seton Catholic
Globe
Florence
Safford
Sahuarita
Santa Cruz

North

Ganado
Greyhills
Hopi
Monument Valley
Chinle
Tuba City
Window Rock
Winslow

East

Alchesay
Blue Ridge
Holbrook
Round Valley
Show Low
Snowflake

4A Conference

4A Division I

Desert Sky Region

Chaparral
McClintock
Pinnacle
Saguaro
Thunderbird

Wells Fargo #1

Apollo
Cactus
Greenway
Independence
Moon Valley
Prescott
West Valley
Agua Fria
Copper Canyon
Raymond Kellis
Lake Havasu
Millennium
Willow Canyon

Kino Region

Amphitheater
Catalina
Catalina Foothills
Cienega
Nogales
Sahuaro

Sonoran Region

Canyon del Oro
Ironwood Ridge
Marana
Pueblo
Rincon
Sabino

4A Conference

(continued)

4A Division II

East Sky Region

Apache Junction
Arcadia
Coronado
Higley
Queen Creek
Tempe

Grand Canyon Region

Coconino
Flagstaff
Mingus
Page
Sinagua

Skyline Region

Buckeye
Cortez
Desert Edge
Dysart
Glendale
Mohave

Gila Region

Cholla
Desert View
Douglas
Palo Verde
Rio Rico
Santa Rita

Wells Fargo #2

Bradshaw Mtn.
Cactus Shadows
Notre Dame
Sunnyslope
Washington

5A Conference

Central

#Basha
#Corona del Sol
#Desert Vista
#Marcos de Niza
#Mountain Pointe

Desert Valley

#Xavier
#Brophy
Desert Mountain
#Horizon
Paradise Valley
Shadow Mountain
#Saint Mary's

East Valley

#Dobson
#Mesa
#Mtn. View (Mesa)
#Red Mountain
Skyline
#Westwood

Fiesta

#Chandler
Desert Ridge
#Gilbert
#Hamilton
#Highland
#Mesquite

Metro

#Alhambra
Camelback
Carl Hayden
Central
#Cesar Chavez
North
South Mountain
Northwest
Barry Goldwater
Boulder Creek
Deer Valley
Kingman
North Canyon
Sandra D. O'Conner
Trevor Browne
Mtn. Ridge

Southern

Buena
Flowing Wells
Mtn. View (Marana)
Salpointe
Sunnyside
Tucson

Desert West

Centennial
Ironwood
La Joya
Maryvale
Peoria
Sunrise Mountain
Tolleason
Westview

Gila Valley

Casa Grande
Cibola
Kofa
San Luis
Yuma

2006 TRACK & FIELD RULES & REGULATIONS

RULES

Rules shall be those of the current National Federation Track and Field Rule Book with exceptions noted in the AIA Constitution and Bylaws and these tournament instructions.

GENERAL INFORMATION

- Coaches will remain in the stands; under no circumstances should coaches come onto the field.
- Participants will be assigned designated areas at each site and shall remain in those areas. Participants should not be on the field unless participating.
- Sportsmanship Rule will be in effect and is in continuation from regular season and Region Tournament play. (Refer to the AIA Constitution and Bylaws, Article 16, Section 3, pages 68 and 69.)
- Field Event Contestants shall report promptly to the event judge at the designated location when the event is called. A contestant shall be charged with an unsuccessful attempt if he/she does not complete the trial or indicate his/her passing it within one and one-half minutes of pole vault (one minute in L.J., T.J., H.J., Shot Put and Discus) after he/she has been called for a trial, unless he/she has been excused by the event judge to participate in another event.
- Starting blocks will be provided at all resolute tracks.
- **All pole-vaulters will be weighed in underneath stadium for 2A/4A meet.**
- 2A/3A - 40° sectors may be used in shot put and discus.
- 4A/5A - 40° sectors may be used in shot put and discus.
- An open pit will be used in the long jump and triple jump.
- Spikes must be 1/8 to 1/4 inch in length; long spikes are unacceptable.
- Lane assignments, scratches, seeding or throwing/ jumping order, starting heights and other details shall be discussed at the coaches meeting.
- **Throwing implements (shot/discus) will be provided for 2A and 5A schools only - 1A, 3A and 4A schools will provide their own. No school or personal implements will be permitted during competition for 2A or 5A schools.** (Should a competitor have a special, high tech discus, not merely a personal favorite, that discus can be given to the Head Field Judge no later than two (2) hours prior to the scheduled competition to be weighed, measured and certified. It will then be kept by the Head Field Judge, placed on the rack of implements to be used in competition, and be available for use by all competitors.)
- A Region Meet is a Championship Meet. All ties will be eliminated in accordance with the manner designated in the National Federation Track Rule Book. If a tie still exists, the remaining ties will advance.
- Neither the AIA nor the host site shall be responsible for lost or stolen articles.
- Any coach or competitor using tobacco, alcoholic beverages, or misusing drugs at the tournament site during athletic contests sponsored by AIA shall be disqualified from the contest. (Refer to the AIA Constitution and Bylaws, Article 14, Section 14.13, pages 46-47.)
- Locker room facilities will not be available.

ADMISSION

Admission to the play-off games for students and adults will be \$5.00.

FREE ADMISSION:

- ✓ Teams (in uniform) entering with their District's School Board Approved Coach(es)
- ✓ Children five or under
- ✓ All tournament workers
- ✓ Media with proper credentials (pass gate only)
- ✓ AIA Lifetime Pass Holder and one (1) guest (pass gate only)
- ✓ AIA Complimentary Pass and one (1) guest (pass gate only)
- ✓ Current Registered Official (will admit 1) (pass gate only)

GAMES COMMITTEE

The Games Committee’s responsibility is to serve as representatives of their conferences and to provide expertise to the Meet Director of that sport. This could involve planning, preparation, implementation and/or follow-up procedures for the tournament.

Members of the committee should be available throughout the contest for assistance to the director.

The Games Committee, upon the request of the Meet Director, shall consider and take appropriate action on any protest of the tournament operation.

The decision of the Meet Director and/or Games Committee shall be final.

Note: In 2A/4A a separate jury of appeals will act as the final arbitrator with the meet referee on any protest in regards to a disagreement with the referee’s decision. The protest must be received no later than 30 minutes after the results in the event have been announced.

GAMES COMMITTEE MEMBERS

1A Conference

Meet Director:
Committee Member
Committee Member
Committee Member
Committee Member
Committee Member
Committee Member

Greg Wayne
Mike Sterkowitz
Victor Acuna
Rich Polley
Daryl McCulley
Casey Lewis
TBD

Monument Valley
Joseph City
Green Fields
Tempe Prep
Ash Fork
San Simon
Az. Track Officials Association

2A Conference

Meet Director:
Committee Member
Committee Member
Committee Member

Sid Bailey
Jeff Kain
Mark Showers
TBD

Cactus Shadows
Franklin High School
Camp Verde High School
Az. Track Officials Association

3A Conference

Meet Director:
Committee Member
Committee Member
Committee Member
Committee Member
Committee Member

Greg Wayne
Tony Begay
Larry Cleveland
Paul Demuth
Derek Fahleson
TBD

Monument Valley
Greyhills Academy
Sahuarita
Holbrook
Estrella Foothills
Az. Track Officials Association

4A Conference

Meet Director:
Chair Person of Sports Advisory Committee:
Committee Member
Ex-Officio Member

Sid Bailey
Art Wagner
TBD
Jim Threadgill

Cactus Shadows
McClintock
Az. Track Officials Association
Glendale Union High School Dist.

5A Conference

Meet Director:
Chair Person of Sports Advisory Committee:
Committee Member
Ex-Officio Member

Dave Shapiro
Steve Hogan
TBD
Rick Johnson

Chandler High School
Mesa District Athletic Director
Az. Track Officials Association
Peoria Unified School District Athletic Dir.

REGION/STATE TOURNAMENT DIRECTORS

State Tournament Site Directors; notify the AIA Office of the regional tournament winners immediately after region tournaments.

AIA Office: Phone: 602-385-3824 Fax: 602-385-3781 Email: gsowers@aiaonline.org

1A – REGION RESULTS

All 1A region meets shall use HyTek Meet Management software, have their entries submitted online via www.directathletics.com and export their results back to the website **by 4:00 p.m. ,Sunday , May 7, 2006**. All region meets are considered outside qualification meets and must be conducted accordingly. Region meet directors should also e-mail their results to gwayne@kayenta.k12.az.us and gwayne@direcway.com as well.

Coaches are responsible for submitting their qualified entries (either outside qualifiers or region meet qualifiers) online at www.directathletics.com **no later than Monday, May 8, 2006 at 12:00 noon**. Each athlete may be entered in four (4) individual events, and athletes may compete in four (4) events including relays per NFHS rules.

Heat and flight sheets will be emailed to all schools on Wednesday, May 10, 2006 and it will be posted on the A.I.A. website.

2A - REGION RESULTS

The 2A Region Meet Directors must fax **results by 9:00 PM, Saturday, May 6, 2006 to Al Nelson** at Valley Christian High School, Fax: (480) 705-8889 (if possible, please email your results to Al Nelson at anelson@vchstrojans.org).

Please submit the following:

- First and last name and school of qualifiers. Please type.
- Qualifying time or distance of all qualifiers, not just first place.
- School that won the region tournament, both boys and girls.
- All Relay participants.

3A - REGION RESULTS

All 3A region meets shall use HyTek Meet Management software, have their entries submitted online via www.directathletics.com and export their results back to the website **by 4:00 p.m. ,Sunday , May 7, 2006**. All region meets are considered outside qualification meets and must be conducted accordingly. Region meet directors should also e-mail their results to gwayne@kayenta.k12.az.us and gwayne@direcway.com as well.

Coaches are responsible for submitting their qualified entries (either outside qualifiers or region meet qualifiers) online at www.directathletics.com **no later than Tuesday, May 9, 2006 at 12:00 noon**. Each athlete may be entered in four (4) individual events, and athletes may compete in four (4) events including relays per NFHS rules.

Heat and flight sheets will be emailed to all schools on Wednesday, May 10, 2006 and it will be posted on the A.I.A. website.

4A - REGION RESULTS

The 4A Region Meet Directors must report **results by 9:00 PM, Saturday, May 6th, 2006 to Scott Kerr:** kerryby@cox.net

Please submit the following:

- First and last name and school of qualifiers. Please type.
- Qualifying time or distance of all qualifiers, not just first place.
- School that won the region tournament, both boys and girls.
- All Relay participants.
- Disk from Hy Tek with region results.

5A - REGION RESULTS

All 5A Region Tournament Directors must report results via email by 10:00 AM, Saturday, May 6, 2006.

All Region meet results: Report results to **Crannie Hysong**

Phone (623) 877-3688

E-Mail cran@msn.com

Please submit the following:

- First and last name (check spelling), student year in school and high school name for all **region** finals qualifiers.
- **Region meet/state qualifying time or distance of all region finals qualifiers, not just first place.**
- School that won the region tournament, both boys and girls.
- **Disk from Hy Tek with region results**

Any Questions regarding the 5A Division I or Division II State Meet: Contact Dave Shapiro, Chandler High School

Phone (480) 812-7737

Cell (602) 918-6479

E-Mail Shapiro.dave@chandler.k12.az.us

2006 1A/3A - SCHEDULE OF EVENTS STATE TRACK AND FIELD CHAMPIONSHIPS

SITE: Mesa High School
1630 E. Southern Avenue
Mesa, Arizona 85204

Meet Director: Greg Wayne
Monument Valley
928-697-2076
Site Director: Scot Schmidt
480-472-5980

Friday, May 12, 2006

3:30 pm Coaches Meeting
4:15 pm Field Event Warm-up
5:00 pm **FIELD EVENTS**

Pole Vault 1A Girls
High Jump 1A Boys
Long Jump 3A Boys
Triple Jump 3A Girls
Shot Put 3A Girls
Discus 1A Boys

Followed by:

Pole Vault 3A Boys
High Jump 3A Girls
Long Jump 1A Boys
Triple Jump 1A Girls
Shot Put 1A Girls
Discus 3A Boys
5:45 pm **TRACK EVENTS**

Final 4 X 800m Relay (3A Girls, 1A Boys)
Prelims High Hurdles
Prelims 100m Dash
Final 1600m Run (1A Girls, 3A Boys)
Prelims 4 X 100m Relay
Prelims 400m Dash
Prelims 300m Hurdles
Final 800m Run (1A Girls, 3A Boys)
Prelims 200m Dash

Awards presentations for all completed Field Events

Final 3200m Run (3A Girls, 1A Boys)
Prelims 1A Girls Sprint Medley Relay
Prelims 4 X 400m Relay

Order for Track events not previously stated:

1. 1A Girls
2. 3A Girls
3. 1A Boys
4. 3A Boys

Awards for Track Events: awards will be presented immediately following the final of all track events.

Order for Field Events: The second rotation of the session will start thirty (30) minutes after the first rotation for that event has been completed.

Awards for Field Events: awards will be presented following the 200m Dash for each session, if available.

Saturday, May 13, 2006

3:30 pm Coaches Meeting
4:15 pm Field Event Warm-up
5:00 pm **FIELD EVENTS**

Pole Vault 1A Boys
High Jump 1A Girls
Long Jump 3A Girls
Triple Jump 3A Boys
Shot Put 3A Boys
Discus 1A Girls

Followed by:

Pole Vault 3A Girls
High Jump 3A Boys
Long Jump 1A Girls
Triple Jump 1A Boys
Shot Put 1A Boys
Discus 3A Girls
5:45 pm **TRACK EVENTS**

Final 4 X 800m Relay (1A Girls/3A Boys)
Finals High Hurdles
Finals 100m Dash
Final 1600m Run (3A Girls, 1A Boys)
Finals 4 X 100m Relay
Finals 400m Dash
Finals 300m Hurdles
Final 800m Run (3A Girls, 1A Boys)
Finals 200m Dash

Awards presentations for all completed Field Events

Final 3200m Run (1A Girls, 3A Boys)
Finals 1A Girls Sprint Medley Relay
Finals 4 X 400m Relay

2006
2A CONFERENCE
4A CONFERENCE –SCHEDULE OF EVENTS
STATE TRACK AND FIELD CHAMPIONSHIPS

SITE: Mesa Community College
 1833 W. Southern Avenue
 Mesa, AZ 85202

Meet Director: Sid Bailey
 Cactus Shadows High School
 480-575-2401

Site Director: Art Wagner
 McClintock High School
 480-752-8627

Wednesday, May 10, 2006 4A Division I /4A Division II

2:00 pm Implement Weigh-in
3:00 pm Coaches Meeting
3:00 pm Field Events Warm-up

3:15 pm **FIELD EVENTS – PRELIMS/FINALS**

Shot Put	Boys 4A Div. I & II
Discus	Girls 4A Div. I & II
High Jump	Boys 4A Div. I & II
Long Jump	Girls 4A Div. I & II
Triple Jump	Boys 4A Div. I & II
Pole Vault	Boys 4A Div. I & II

5:00 pm **TRACK EVENTS**
 (Boys precede girls- see note of explanation)

Final	3200m Relay (4 heats)	Girls 4A Div. I & II
Prelim	110m Hurdles (4 heats)	Boys 4A Div. I & II
Prelim	100m Hurdles (4 heats)	Girls 4A Div. I & II
Prelim	100m Dash (4 heats)	Boys 4A Div. I & II
Prelim	100m Dash (4 heats)	Girls 4A Div. I & II
Final	1600m Run (heats tbd)	Boys 4A Div. I & II
Prelim	400m Relay (8 heats)	Boys/Girls 4A Div. I & II
Prelim	400m Dash (4 heats)	Boys 4A Div. I & II
Prelim	400m Dash (4 heats)	Girls 4A Div. I & II
Prelim	300m Hurdles (4 heats)	Boys 4A Div. I & II
Prelim	300m Hurdles (4 heats)	Girls 4A Div. I & II
Final	800m Run (heats tbd)	Boys 4A Div. I & II
Prelim	200m Dash (4 heats)	Boys 4A Div. I & II
Prelim	200m Dash (4 heats)	Girls 4A Div. I & II
Final	3200m Run (heats tbd)	Girls 4A Div. I & II
Prelim	1600m Relay (2 heats each)	Boys/Girls 4A Div. I & II

Note: The boys race will always precede the girls in the same race and Division I will always precede Division II. Due to the unprecedented challenge of running six state championship track meets simultaneously (three boys/three girls), the meet management has determined that fewer chances for error will occur by leaving the order of events as they were for 2005. This is a departure from the past practice of alternating boys and girls events from one year to the next. (See rule #3, Section 2, Articles 2-3 on pages 14,15,16 of the 2006 National Federation Track and Field Rule Book

2006
2A CONFERENCE
4A CONFERENCE –SCHEDULE OF EVENTS
STATE TRACK AND FIELD CHAMPIONSHIPS

SITE: Mesa Community College
 1833 W. Southern Avenue
 Mesa, AZ 85202

Meet Director: Sid Bailey
 Cactus Shadows High School
 480-575-2401

Site Director: Art Wagner
 McClintock High School
 480-752-8627

Friday, May 12, 2006 2A Conference

3:00 pm Coaches Meeting
3:15 pm Field Events Warm-up

4:00 pm **FIELD EVENTS – PRELIMS/FINALS**
 Shot Put Boys 2A
 Discus Girls 2A
 High Jump Boys/Girls 2A
 Long Jump Girls 2A
 Triple Jump Boys 2A
 Pole Vault Boys 2A

5:00 pm **TRACK EVENTS**
 (Boys precede girls- see note of explanation)

Final	3200m Relay	Girls 2A
Prelim	110m Hurdles (2 heats)	Boys 2A
Prelim	100m Hurdles (2 heats)	Girls 2A
Prelim	100m Dash (2 heats)	Boys 2A
Prelim	100m Dash (2 heats)	Girls 2A
Final	1600m Run	Boys 2A
Prelim	400m Relay (4 heats)	Boys/Girls 2A
Prelim	400m Dash (2 heats)	Boys 2A
Prelim	400m Dash (2 heats)	Girls 2A
Prelim	300m Hurdles (2 heats)	Boys 2A
Prelim	300m Hurdles (2 heats)	Girls 2A
Final	800m Run	Boys 2A
Prelim	200m Dash (2 heats)	Boys 2A
Prelim	200m Dash (2 heats)	Girls 2A
Final	3200m Run	Girls 2A
Prelim	1600m Relay (2 heats each)	Boys/Girls 2A

Note: The boys race will always precede the girls in the same race and Division I will always precede Division II. Due to the unprecedented challenge of running six state championship track meets simultaneously (three boys/three girls), the meet management has determined that fewer chances for error will occur by leaving the order of events as they were for 2005. This is a departure from the past practice of alternating boys and girls events from one year to the next. (See rule #3, Section 2, Articles 2-3 on pages 14,15,16 of the 2006 National Federation Track and Field Rule Book)

2006
2A CONFERENCE
4A CONFERENCE –SCHEDULE OF EVENTS
STATE TRACK AND FIELD CHAMPIONSHIPS

SITE: Mesa Community College
 1833 W. Southern Avenue
 Mesa, AZ 85202

Meet Director: Sid Bailey
 Cactus Shadows High School
 480-575-2401

Site Director: Art Wagner
 McClintock High School
 480-752-8627

Saturday, May 13, 2006 2A/4A Division I /4A Division II

2:00 pm Implement Weigh-in

3:00 pm Coaches Meeting

3:00 pm Field Events Warm-up

3:15 pm FIELD EVENTS – PRELIMS/FINALS

Shot Put	Girls 2A followed by 4A Div. I & II
Discus	Boys 4A Div. I & II followed by 2A
High Jump	Girls 4A Div. I & II
Long Jump	Boys 2A/ 4A Div. I & II Open Pit (times tba at coaches meeting)
Triple Jump	Girls 2A/ 4A Div. I & II Open Pit (times tba at coaches meeting)
Pole Vault	Girls 4A Div. I & II followed by 2A

5:00 pm

TRACK EVENTS

(Boys precede girls- see note of explanation)

Final	3200m Relay (heats tbd)	Boys 2A/ 4A Div. I & II
Final	110m Hurdles	Boys 2A/4A Div. I & II
Final	100m Hurdles	Girls 2A/4A Div. I & II
Final	100m Dash	Boys 2A/4A Div. I & II
Final	100m Dash	Girls 2A/4A Div. I & II
Final	1600m Run (heats tbd)	Girls 2A/ 4A Div. I & II
Final	400m Relay	Boys 2A/4A Div. I & II
Final	400m Relay	Girls 2A/4A Div. I & II
Final	400m Dash	Boys 2A/4A Div. I & II
Final	400m Dash	Girls 2A/4A Div. I & II
Final	300m Hurdles	Boys 2A/4A Div. I & II
Final	300m Hurdles	Girls 2A/4A Div. I & II
Final	800m Run	Girls 2A/4A Div. I & II
Final	200m Dash	Boys 2A/4A Div. I & II
Final	200m Dash	Girls 2A/4A Div. I & II
Final	3200m Run	Boys 2A/4A Div. I & II
Final	1600m Relay	Boys 2A/4A Div. I & II
Final	1600m Relay	Girls 2A/4A Div. I & II

Note: The boys race will always precede the girls in the same race and Division I will always precede Division II. Due to the unprecedented challenge of running six state championship track meets simultaneously (three boys/three girls), the meet management has determined that fewer chances for error will occur by leaving the order of events as they were for 2005. This is a departure from the past practice of alternating boys and girls events from one year to the next. (See rule #3, Section 2, Articles 2-3 on pages 14,15,16 of the 2006 National Federation Track and Field Rule Book)

*Team State Track Championship Trophy and Runner-up Trophy presentation to follow the conclusion of events.

**2006
5A CONFERENCE
STATE TRACK AND FIELD CHAMPIONSHIPS
SCHEDULE OF EVENTS**

SITE: Sun Angel Track
Arizona State University
Tempe, AZ 85202

Meet Director: Dave Shapiro
Athletic Director
Chandler High School
480-812-7700

Site Director: David Hines
Athletic Director
Mesa Mountain View
480 472-6903

Revised Tournament Schedule

Wednesday, May 10, 2006
5A- DIVISION I ONLY

3:00 pm	Field Events Warm-up	
3:15 pm	Coaches Meeting	
4:00 pm	FIELD EVENTS	
	Long Jump	Boys
	Triple Jump	Girls
	Pole Vault	Boys
	High Jump	Girls
	Shot Put	Boys
	Discus	Girls

Note: Triple Jump will follow the completion of the Long Jump
Note: Jump pits will not be open pit: called order will be used.

5:00 pm	TRACK EVENTS	
Finals	4X800m Relay	Girls
Prelim	High Hurdles	Girls
Prelim	High Hurdles	Boys
Prelim	100m Dash	Girls
Prelim	100m Dash	Boys
Finals	1600m Run	Boys
Prelim	4X100m Relay	Girls
Prelim	4X100m Relay	Boys
Prelim	400m Dash	Girls
Prelim	400m Dash	Boys
Prelim	300m Low Hurdles	Girls
Prelim	300m Int. Hurdles	Boys
Finals	800m Run	Boys
Prelim	200m Dash	Girls
Prelim	200m Dash	Boys
Finals	3200m Run	Girls
Prelim	4X400m Relay	Girls
Prelim	4X400m Relay	Boys

Note: Rolling time schedule

**2006
5A CONFERENCE
STATE TRACK AND FIELD CHAMPIONSHIPS
SCHEDULE OF EVENTS**

SITE: Sun Angel Track
Arizona State University
Tempe, AZ 85202

Meet Director: Dave Shapiro
Athletic Director
Chandler High School
480-812-7700

Site Director: David Hines
Athletic Director
Mesa Mountain View
480 472-6903

Revised Tournament Schedule

Thursday, May 11, 2006
5A- DIVISION II ONLY

3:00 pm Field Events Warm-up
3:15 pm Coaches Meeting

4:00 pm **FIELD EVENTS**

Long Jump	Girls
Triple Jump	Boys
Pole Vault	Girls
High Jump	Boys
Shot Put	Girls
Discus	Boys

Note: Triple Jump will follow the completion of the Long Jump
Note: Jump pits will not be open pit: called order will be used.

5:00 pm **TRACK EVENTS**

Finals	4X800m Relay	Boys
Prelim	High Hurdles	Girls
Prelim	High Hurdles	Boys
Prelim	100m Dash	Girls
Prelim	100m Dash	Boys
Finals	1600m Run	Girls
Prelim	4X100m Relay	Girls
Prelim	4X100m Relay	Boys
Prelim	400m Dash	Girls
Prelim	400m Dash	Boys
Prelim	300m Low Hurdles	Girls
Prelim	300m Int. Hurdles	Boys
Finals	800m Run	Girls
Prelim	200m Dash	Girls
Prelim	200m Dash	Boys
Finals	3200m Run	Boys
Prelim	4X400m Relay	Girls
Prelim	4X400m Relay	Boys

Note: Rolling time schedule

**2006
5A CONFERENCE
STATE TRACK AND FIELD CHAMPIONSHIPS
SCHEDULE OF FIELD EVENTS**

SITE: Sun Angel Track
Arizona State University
Tempe, AZ 85202

Meet Director: Dave Shapiro
Athletic Director
Chandler High School
480-812-7700

Site Director: David Hines
Athletic Director
Mesa Mountain View
480 472-6903

Revised Tournament Schedule

Saturday, May 13, 2006

5A- DIVISION I and II FINALS

2:00 pm Pole Vault Only Warm-up
2:30 pm Field Events Warm-up (except pole vault)
2:45 pm Coaches Meeting

FIELD EVENTS

Field Events Finals to begin immediately at scheduled times

Note: Jump pits will not be open pit: called order will be used.

3:00 pm High Jump Girls Div. II
Boys Div. I

3:00 – 4:00 pm Long Jump Boys Div. II
Girls Div. I
Note: Open pit competition. Finals to Follow.

Triple Jump Boys Div. I
Girls Div. II
Note: Triple Jump will follow the completion of the Long Jump finals.

3:30 pm Shot Put Girls Div. I
Boys Div. II

3:30 pm Discus Boys Div. I
Girls Div. II

4:00 pm Pole Vault Girls Div. I
Boys Div. II

Note: Both boys and girls will compete at same time. Boys will compete on north pit and Girls will compete on south pit

**2006
5A CONFERENCE
STATE TRACK AND FIELD CHAMPIONSHIPS
SCHEDULE OF TRACK EVENTS**

SITE: Sun Angel Track
Arizona State University
Mesa, AZ 85202

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Mesa Mountain View
480 472-6903

Saturday, May 13, 2006

5A- DIVISION I and II FINALS

2:45 pm Coaches Meeting

5:00 pm TRACK EVENTS

4X800 Relay	Girls Div. II
4X800 Relay	Boys Div. I
High Hurdles	Girls Div. I
High Hurdles	Girls Div. II
High Hurdles	Boys Div. I
High Hurdles	Boys Div. II
100m Dash	Girls Div. I
100m Dash	Girls Div. II
100m Dash	Boys Div. I
100m Dash	Boys Div. II
1600m Run	Girls Div. I
1600m Run	Boys Div. II
4X100m Relay	Girls Div. I
4X100m Relay	Girls Div. II
4X100m Relay	Boys Div. I
4X100m Relay	Boys Div. II
400m Dash	Girls Div. I
400m Dash	Girls Div. II
400m Dash	Boys Div. I
400m Dash	Boys Div. II
300m Low Hurdles	Girls Div. I
300m Low Hurdles	Girls Div. II
300m Int. Hurdles	Boys Div. I
300m Int. Hurdles	Boys Div. II
800m Run	Girls Div. I
800m Run	Boys Div. II
200m Dash	Girls Div. I
200m Dash	Girls Div. II
200m Dash	Boys Div. I
200m Dash	Boys Div. II
3200m Run	Girls Div. II
3200m Run	Boys Div. I
4X400m Relay	Girls Div. I
4X400m Relay	Girls Div. II
4X400m Relay	Boys Div. I

4X400m Relay

Boys Div. II

POLE VAULT VERIFICATION FORM

_____ of _____ weighs _____
Name of Vaulter Name of School weight

on a pole rated _____. This conforms to National Federation
Rated weight of pole

of State High School Associations rules.

Athletic Director's Signature & Date

Coach's Signature & Date

Official's Signature & Date

This form must be completed and given to the Head Field Judge on the day of, but prior to competition.